

2013 PAC 7 T&F CHAMPIONSHIPS

Host: AG , Venue: Atascadero HS

4/26/13 - 5/2/13

2 alternate qualifiers will show

Event # 1 GIRLS Frosh-Soph 4x100m Relay

MEET RECORD: SLO 52.88 2005

1	Arrovo Grande HS A	Arrovo Grande HS	53.28
2	San Luis Obispo High A	San Luis Obispo High	53.31
3	Atascadero High A	Atascadero High	53.53
4	Paso Robles HS A	Paso Robles HS	55.38
5	Pioneer Vallev HS A	Pioneer Vallev HS	56.17

Event # 2 BOYS Frosh-Soph 4x100m Relay

MEET RECORD: AG 45.21 2010

1	Pioneer Vallev HS A	Pioneer Vallev HS	45.58
2	Arrovo Grande HS A	Arrovo Grande HS	46.52
3	Righetti High School A	Righetti High School	46.73
4	Paso Robles HS A	Paso Robles HS	47.62
5	Atascadero High A	Atascadero High	48.61
6	San Luis Obispo High A	San Luis Obispo High	48.95

Event # 3 GIRLS Varsity 4x100m Relay

MEET RECORD: SLO 48.21 2009

1	San Luis Obispo High A	San Luis Obispo High	49.30
2	Arrovo Grande HS A	Arrovo Grande HS	49.73
3	Atascadero High A	Atascadero High	50.49
4	Paso Robles HS A	Paso Robles HS	50.59
5	Pioneer Vallev HS A	Pioneer Vallev HS	52.50
	St. Joseph HS SM A	St. Joseph HS SM	DNF

Event # 4 BOYS Varsity 4x100m Relay

MEET RECORD: AG 42.98 2006

1	San Luis Obispo High A	San Luis Obispo High	43.32
2	Righetti High School A	Righetti High School	43.36
3	Arrovo Grande HS A	Arrovo Grande HS	44.04
4	Paso Robles HS A	Paso Robles HS	44.78

Event # 5 GIRLS Frosh-Soph 1600m Run

12 Qualify - Top 3 + times

MEET RECORD: Kathleen Uyttewaal SLO 5:29.03 2008

RESULTS OF FINALS

1	VanEsza Stanley	SO Paso Robles HS	5:32.99
2	Miranda Daschian	SO Atascadero High	5:33.10
3	Annie Thompson	SO Atascadero High	5:33.94
4	Brittini Frace	FR Atascadero High	5:36.94
5	Amanda Schultz	FR Paso Robles HS	5:42.46
6	Claire Farrell	SO Paso Robles HS	5:44.25
7	Mari Perez	FR Righetti High School	5:53.53
8	Neida Bernal	FR Righetti High School	5:54.62
9	Bailev Durnin	FR St. Joseph HS SM	5:55.05
10	Sarah Pihl	SO San Luis Obispo High	5:59.37
11	Jenna Winslow	SO Atascadero High	6:03.12
12	Jenny Grady	FR San Luis Obispo High	6:09.65

RESULTS OF PRELIMS

1	Annie Thompson	SO Atascadero High	5:42.06
2	Miranda Daschian	SO Atascadero High	5:45.98

2013 PAC 7 T&F CHAMPIONSHIPS**Host: AG , Venue: Atascadero HS**

4/26/13 - 5/2/13

2 alternate qualifiers will show

3	Brittni Frace	FR Atascadero High	5:48.46
4	Mari Perez	FR Righetti High School	5:52.19
5	VanEszta Stanlev	SO Paso Robles HS	5:54.30
6	Claire Farrell	SO Paso Robles HS	5:55.04
7	Sarah Pihl	SO San Luis Obispo High	5:55.09
8	Amanda Schultz	FR Paso Robles HS	5:57.25
9	Neida Bernal	FR Righetti High School	6:00.65
10	Bailev Durnin	FR St. Joseph HS SM	6:03.29
11	Jenny Gradv	FR San Luis Obispo High	6:07.69
12	Jenna Winslow	SO Atascadero High	6:10.02
13	Kasev Bauer	SO San Luis Obispo High	6:13.50
14	Jennifer Alvarez	FR Arroyo Grande HS	6:14.80
15	Camille Franco	SO Atascadero High	6:14.86
16	Kayla Marshall	SO Pioneer Valley HS	6:15.80
17	Summer Rutherford	SO Atascadero High	6:19.71
18	Chenoa Herlihv	SO Arroyo Grande HS	6:23.31
19	Luzmila Halas-Donnelly	FR Paso Robles HS	6:23.89
20	Madvsn Barenchi	FR Pioneer Valley HS	6:29.47
21	Alexis Samaniego	FR Paso Robles HS	6:30.64
22	Emma Hiltv	FR San Luis Obispo High	6:38.74
23	Maile Minardi	FR Arroyo Grande HS	6:43.68
24	Annasara Brideford	FR San Luis Obispo High	6:47.50
25	Elena Robles	SO Pioneer Valley HS	6:47.55
26	Amber Whitford	SO Atascadero High	6:49.22
27	Kenidi Campa	SO San Luis Obispo High	6:50.65
28	Tessa Kelsev	FR Atascadero High	7:04.86
29	Yuka Takagi	SO Atascadero High	7:04.89
30	Stephanie Mills	SO Atascadero High	7:05.11
31	Maria Beluso	FR Atascadero High	7:09.81
32	Erika Lopez	SO Pioneer Valley HS	7:11.86
33	Katie Rennie	SO Atascadero High	7:37.69

Event # 6 BOYS Frosh-Soph 1600m Run

12 Qualify - Top 3 + times

MEET RECORD:Alec Deleon RIG 4:38.03 2012

RESULTS OF FINALS

1	Alec Deleon	SO Righetti High School	4:32.53#
2	Zach Chamberlain	SO Paso Robles HS	4:34.84#
3	Josh Potter	FR Paso Robles HS	4:46.68
4	Jaisen Singh	SO Arroyo Grande HS	4:48.36
5	Gannon Chamberlain	FR Paso Robles HS	4:50.04
6	Tyler Eigenhuis	SO Atascadero High	4:51.07
7	Ethan McSwain	SO San Luis Obispo High	4:53.18
8	Daniel Tull	SO Atascadero High	4:53.44
9	Derek Martino	FR St. Joseph HS SM	4:54.05
10	Kylen Fleishman	SO Atascadero High	4:57.45
11	Aramis Knox	SO San Luis Obispo High	5:04.85
12	Jake Taylor	SO Paso Robles HS	5:10.34

RESULTS OF PRELIMS

1	Alec Deleon	SO Righetti High School	4:31.76#
2	Josh Potter	FR Paso Robles HS	4:52.87
3	Ethan McSwain	SO San Luis Obispo High	4:53.03
4	Jaisen Singh	SO Arroyo Grande HS	4:54.38
5	Gannon Chamberlain	FR Paso Robles HS	4:54.95
6	Daniel Tull	SO Atascadero High	4:54.96
7	Tyler Eigenhuis	SO Atascadero High	4:55.15
8	Zach Chamberlain	SO Paso Robles HS	4:55.23

2013 PAC 7 T&F CHAMPIONSHIPS**Host: AG , Venue: Atascadero HS**

4/26/13 - 5/2/13

2 alternate qualifiers will show

9	Aramis Knox	SO	San Luis Obispo High	4:55.98
10	Kvlen Fleishman	SO	Atascadero High	4:57.34
11	Derek Martino	FR	St. Joseph HS SM	4:59.61
12	Jake Tavlor	SO	Paso Robles HS	4:59.81
13	Vincent Rincon	SO	Pioneer Vallev HS	5:00.67
14	Colin Havashi	FR	Arrovo Grande HS	5:00.81
15	Berceland Vincente	SO	Paso Robles HS	5:01.72
16	Brvan Treio	FR	Arrovo Grande HS	5:10.39
17	Nathaniel Schenck	SO	Arrovo Grande HS	5:11.00
18	Zack Pincin	FR	Righetti High School	5:12.45
19	Nick D'Acric	SO	San Luis Obispo High	5:12.62
20	Brandon Smith	FR	Paso Robles HS	5:17.11
21	Tavlor Bedrosian	FR	Paso Robles HS	5:17.66
22	Michael Pineda	FR	Paso Robles HS	5:23.41
23	Kieran Bolger	SO	San Luis Obispo High	5:23.68
24	Miles Bontenbal	FR	Atascadero High	5:24.25
25	Rvan Stewart	SO	Arrovo Grande HS	5:32.02
26	Vincent Moreno	SO	Atascadero High	5:34.22
27	Daniel Herrera	SO	San Luis Obispo High	5:34.39
28	Damon Toste	FR	Atascadero High	5:34.53
29	Brendan McNichols	SO	San Luis Obispo High	5:34.61
30	Santos Peinado	SO	Pioneer Vallev HS	5:35.23
31	Kevin Ohm	SO	Paso Robles HS	5:36.53
32	Felipe Deiesus	FR	Atascadero High	5:40.44
33	Alex Cooley	SO	Atascadero High	5:43.43
34	Nathan Gibbs	FR	Atascadero High	5:48.01
35	Jeremy Grigsby	SO	Atascadero High	5:49.77
36	Chris Liddicoat	FR	San Luis Obispo High	5:50.13
37	Jefferson Norman	SO	San Luis Obispo High	5:52.85
38	Nick Redfern	FR	Atascadero High	5:53.61
39	Joseph Codamos	FR	Pioneer Vallev HS	5:55.38
40	Noah Metzger	SO	San Luis Obispo High	6:29.55
41	Evan Cronkright	SO	Atascadero High	6:30.53
42	Kobi Kelly	FR	San Luis Obispo High	6:32.25

Event # 7 GIRLS Varsity 1600m Run

12 Qualify - Top 3 + times

MEET RECORD:Maddy Cline PASO 5:02.94 2011

RESULTS OF FINALS

1	Elizabeth Hevde	SO	Arrovo Grande HS	5:03.33
2	Micavla Rennick	SR	San Luis Obispo High	5:07.44
3	Jocelyn Reynolds	SO	Arrovo Grande HS	5:15.77
4	Kiana Kawatachi	FR	St. Joseph HS SM	5:20.19
5	Beth Rigali	JR	St. Joseph HS SM	5:32.65
6	Kylie Herlihy	SR	Arrovo Grande HS	5:34.47
7	Jillian McLenithan	SR	Atascadero High	5:37.99
8	Joceline Ortiz	JR	Pioneer Vallev HS	5:43.07
9	Nichole Steingruber	SR	Paso Robles HS	5:54.57

RESULTS OF PRELIMS

1	Elizabeth Hevde	SO	Arrovo Grande HS	5:11.27
2	Kiana Kawatachi	FR	St. Joseph HS SM	5:20.21
3	Micavla Rennick	SR	San Luis Obispo High	5:21.06
4	Jocelyn Reynolds	SO	Arrovo Grande HS	5:24.38
5	Beth Rigali	JR	St. Joseph HS SM	5:32.08
6	Nichole Steingruber	SR	Paso Robles HS	5:41.87
7	Jillian McLenithan	SR	Atascadero High	5:42.65
8	Kylie Herlihy	SR	Arrovo Grande HS	5:45.86

2013 PAC 7 T&F CHAMPIONSHIPS**Host: AG , Venue: Atascadero HS**

4/26/13 - 5/2/13

2 alternate qualifiers will show

9	Joceline Ortiz	JR	Pioneer Vallev HS	5:46.96
10	Brianna Murphv	JR	St. Joseph HS SM	6:02.45
11	Megan Murphv	JR	St. Joseph HS SM	6:14.45
12	Samantha Hernandez	JR	Arrovo Grande HS	6:15.65
13	Brvnn Frace	JR	Atascadero High	6:19.58
14	Danica Hagen	JR	San Luis Obispo High	6:20.15
15	Victoria Sweet	SR	Arrovo Grande HS	6:45.48
16	Ashlev Morse	JR	Pioneer Vallev HS	6:48.07
17	Joelle Hasler	SR	Atascadero High	6:49.07
18	Devon Mills	SO	Arrovo Grande HS	6:51.16
19	Bridget Van Beek	JR	Atascadero High	8:22.90

Event # 8 BOYS Varsity 1600m Run

12 Qualify - Top 3 + times

MEET RECORD: Brian Medigovich SLO 4:20.07 2005

RESULTS OF FINALS

1	William Ernst	SO	San Luis Obispo High	4:23.80
2	Aidan Farrell	SR	Paso Robles HS	4:25.29
3	David Ramirez	SR	Atascadero High	4:28.97
4	Jonathan Corlev	SR	Arrovo Grande HS	4:30.55
5	Kvle Ravera	JR	Paso Robles HS	4:30.81
6	Conor McNamara	SR	Righetti High School	4:31.94
7	Orbanol Perez	JR	Righetti High School	4:37.46
8	Pablo Nicasio	SR	Righetti High School	4:38.83
9	Daniel Reves	SO	Atascadero High	4:41.97
10	Joey Rodgers	SO	Arrovo Grande HS	4:42.06
11	Esteban Delacruz	SR	Righetti High School	4:44.18
12	Jose Lopez	SR	Paso Robles HS	5:01.19

RESULTS OF PRELIMS

1	David Ramirez	SR	Atascadero High	4:25.37
2	William Ernst	SO	San Luis Obispo High	4:25.70
3	Daniel Reves	SO	Atascadero High	4:27.30
4	Aidan Farrell	SR	Paso Robles HS	4:28.95
5	Jonathan Corlev	SR	Arrovo Grande HS	4:29.66
6	Orbanol Perez	JR	Righetti High School	4:31.24
7	Kvle Ravera	JR	Paso Robles HS	4:31.89
8	Conor McNamara	SR	Righetti High School	4:31.93
9	Joey Rodgers	SO	Arrovo Grande HS	4:38.82
10	Esteban Delacruz	SR	Righetti High School	4:39.61
11	Pablo Nicasio	SR	Righetti High School	4:40.32
12	Jose Lopez	SR	Paso Robles HS	4:40.37
13	John Miles	JR	Arrovo Grande HS	4:41.18
14	Josh Ernst	SR	San Luis Obispo High	4:44.70
15	Noah Yoshida	SR	Paso Robles HS	4:47.78
16	Trevor Cowan	SR	Arrovo Grande HS	4:49.47
17	David White	JR	San Luis Obispo High	4:53.21
18	Ulises Rincon	JR	Pioneer Vallev HS	4:57.40
19	Armondo Colores	SR	Pioneer Vallev HS	5:13.53
20	Ali Munoz	SR	Pioneer Vallev HS	5:13.87
21	Casev MacK	SR	Arrovo Grande HS	5:16.18
22	Kvle Yost	JR	Arrovo Grande HS	5:26.00
23	Austin Liddicoat	SR	San Luis Obispo High	5:32.03

2013 PAC 7 T&F CHAMPIONSHIPS

Host: AG , Venue: Atascadero HS

4/26/13 - 5/2/13

2 alternate qualifiers will show

Event # 9 GIRLS Frosh-Soph 100m Hurdles

8 Qualify, lane 9 optional

Top 2 + times

MEET RECORD: Michaela Howard PASO 16.55 2012

RESULTS OF FINALS

1	Kristen Stevens	SO Arrovo Grande HS	+2.4m/s	17.33
2	Callev Pruet	FR Arrovo Grande HS	+2.4m/s	17.81
3	Allison McGuire	SO San Luis Obispo High	+2.4m/s	17.86
4	Grace St. Denis	FR Arrovo Grande HS	+2.4m/s	18.14
5	Elissah Gonzales	FR Atascadero High	+2.4m/s	18.78
6	Gwen Lundv	FR Paso Robles HS	+2.4m/s	18.83
7	Brittanv Rodriguez	SO Righetti High School	+2.4m/s	19.14
8	Hannah Katches	FR Paso Robles HS	+2.4m/s	19.40
9	Chloe Holstine	FR Paso Robles HS	+2.4m/s	19.51

RESULTS OF PRELIMS

1	Kristen Stevens	SO Arrovo Grande HS		18.08
2	Allison McGuire	SO San Luis Obispo High		18.17
3	Callev Pruet	FR Arrovo Grande HS		18.32
4	Grace St. Denis	FR Arrovo Grande HS		18.63
5	Elissah Gonzales	FR Atascadero High		18.67
6	Gwen Lundv	FR Paso Robles HS		18.82
7	Hannah Katches	FR Paso Robles HS		19.30
8	Brittanv Rodriguez	SO Righetti High School		19.37
9	Paige Coburn	FR Atascadero High		19.49
10	Chloe Holstine	FR Paso Robles HS		19.67
11	Mellanv Cunningham	SO Righetti High School		21.36
12	Gabriela Vega	SO Pioneer Valley HS		21.41
	Carlev Jensen	FR Arrovo Grande HS		DO

Event # 10 GIRLS Varsity 100m Hurdles

8 Qualify, lane 9 optional

Top 1 + times

MEET RECORD: Abrianna Torres SLO 14.47 2010

RESULTS OF FINALS

1	Kelsev Harper	JR San Luis Obispo High	+1.7m/s	15.44
2	Alexandria Dallev	SR San Luis Obispo High	+1.7m/s	15.75
3	Dresden Smith	SO Arrovo Grande HS	+1.7m/s	16.21
4	Carina Avila	SO Arrovo Grande HS	+1.7m/s	16.31
5	Kavla Brunner	SR Pioneer Valley HS	+1.7m/s	16.60
6	Kaileen Cruden	JR St. Joseph HS SM	+1.7m/s	18.48
7	Madeline Keefer	SR Atascadero High	+1.7m/s	18.91
8	Kelsev Hitchen	SR Arrovo Grande HS	+1.7m/s	19.73
9	Summer Phillips	JR Paso Robles HS	+1.7m/s	21.11

RESULTS OF PRELIMS

1	Kelsev Harper	JR San Luis Obispo High		15.43
2	Alexandria Dallev	SR San Luis Obispo High		15.78
3	Dresden Smith	SO Arrovo Grande HS		16.24
4	Carina Avila	SO Arrovo Grande HS		16.47
5	Kavla Brunner	SR Pioneer Valley HS		17.04
6	Kaileen Cruden	JR St. Joseph HS SM		18.24
7	Kelsev Hitchen	SR Arrovo Grande HS		18.25
8	Madeline Keefer	SR Atascadero High		18.86
9	Sara Gates	FR Atascadero High		18.92
10	Summer Phillips	JR Paso Robles HS		21.01
11	Sandra Gonzalez	SR Pioneer Valley HS		21.07

2013 PAC 7 T&F CHAMPIONSHIPS

Host: AG , Venue: Atascadero HS

4/26/13 - 5/2/13

2 alternate qualifiers will show

12	Francesca Carillo	SR	Pioneer Vallev HS	21.09
13	Socorro Orozco	JR	St. Joseph HS SM	21.88
14	Michaela Howard	JR	Paso Robles HS	22.91

Event # 11 BOYS Frosh-Soph 110m Hurdles

8 Qualify, lane 9 optional

Top 2 + times

MEET RECORD: Michael Keating PASO 16.33 2005

RESULTS OF FINALS

1	Jason Germain	SO	Paso Robles HS	+3.5m/s	17.96
2	Max Wright	SO	Atascadero High	+3.5m/s	18.04
3	Bennv Willkomm	FR	Arrovo Grande HS	+3.5m/s	19.01
4	Joshua Plale	FR	Paso Robles HS	+3.5m/s	19.12
5	Mitchell Silva	FR	Righetti High School	+3.5m/s	19.26
6	Deonali Rincon	FR	Pioneer Vallev HS	+3.5m/s	19.39
7	Jason Bietz	SO	Atascadero High	+3.5m/s	19.54
8	Brvan Gonzalez	SO	Pioneer Vallev HS	+3.5m/s	19.92
	Nester Vasquez	FR	Arrovo Grande HS		DO

RESULTS OF PRELIMS

1	Jason Germain	SO	Paso Robles HS	17.90
2	Nester Vasquez	FR	Arrovo Grande HS	18.29
3	Max Wright	SO	Atascadero High	18.48
4	Bennv Willkomm	FR	Arrovo Grande HS	18.69
5	Jason Bietz	SO	Atascadero High	19.31
6	Mitchell Silva	FR	Righetti High School	19.36
7	Joshua Plale	FR	Paso Robles HS	19.55
8	Deonali Rincon	FR	Pioneer Vallev HS	19.82
9	Brvan Gonzalez	SO	Pioneer Vallev HS	20.10
10	James Zanoli	SO	San Luis Obispo High	20.12
11	Trevaun Bustamonte	SO	Pioneer Vallev HS	20.23
12	Jhony Diaz	FR	Pioneer Vallev HS	20.56
13	Roman Garcia	FR	Pioneer Vallev HS	20.66

Event # 12 BOYS Varsity 110m Hurdles

8 Qualify, lane 9 optional

Top 1 + times

MEET RECORD: Michael Keating PASO 14.71 2007

RESULTS OF FINALS

1	Elijah Holt	SR	Arrovo Grande HS	+1.5m/s	14.22 #
2	Adrian Vera	SR	Pioneer Vallev HS	+1.5m/s	15.08
3	Fernando Basulto	SR	Pioneer Vallev HS	+1.5m/s	15.09
4	Dominic Chance	SR	Atascadero High	+1.5m/s	15.10
5	Nick Derose	SO	Atascadero High	+1.5m/s	16.06
6	Austin Borba	SR	Paso Robles HS	+1.5m/s	16.25
7	Austin Gasbarra	JR	Arrovo Grande HS	+1.5m/s	16.94
8	Andrew Sahagan	JR	Arrovo Grande HS	+1.5m/s	17.54
9	Andrew Hawkes	JR	St. Joseph HS SM	+1.5m/s	17.61

RESULTS OF PRELIMS

1	Elijah Holt	SR	Arrovo Grande HS	14.20 #
2	Fernando Basulto	SR	Pioneer Vallev HS	15.42
3	Dominic Chance	SR	Atascadero High	15.51
4	Adrian Vera	SR	Pioneer Vallev HS	15.59
5	Austin Borba	SR	Paso Robles HS	16.72
6	Nick Derose	SO	Atascadero High	16.73
7	Austin Gasbarra	JR	Arrovo Grande HS	16.82
8	Andrew Sahagan	JR	Arrovo Grande HS	17.58

2013 PAC 7 T&F CHAMPIONSHIPS

Host: AG , Venue: Atascadero HS

4/26/13 - 5/2/13

2 alternate qualifiers will show

9	Andrew Hawkes	JR	St. Joseph HS SM	17.64
10	Micahal Tarwater	SR	Paso Robles HS	17.68
11	Francisco Betancourt	SR	Pioneer Vallev HS	17.78
11	Noah Minardi	SR	Arrovo Grande HS	17.78
13	Joev Reeves	SR	Arrovo Grande HS	18.08
14	Juan Isidra	SR	Arrovo Grande HS	18.13
15	Stefano Sasia	JR	St. Joseph HS SM	19.21
16	Colin Nuworsoo	JR	Paso Robles HS	20.05

Event # 13 GIRLS Frosh-Soph 400m Dash

9 Qualify Top 2 + times

MEET RECORD:Monica Pulido RIG :01:02.45 2004

RESULTS OF FINALS

1	Clare Corbin	FR	Atascadero High	1:03.43
2	Milan Bass	SO	Paso Robles HS	1:04.55
3	Gabbv Davis	FR	Paso Robles HS	1:04.70
4	Maria Orozco	FR	Atascadero High	1:05.92
5	Chenin Dotson	SO	San Luis Obispo High	1:06.06
6	Melissa Mannon	SO	Atascadero High	1:07.37
7	Samantha Lopez	SO	Pioneer Vallev HS	1:07.93
8	Alexis Bendixen	SO	Pioneer Vallev HS	1:08.40
9	Viviana Reyes	FR	Atascadero High	1:11.39

RESULTS OF PRELIMS

1	Milan Bass	SO	Paso Robles HS	1:04.80
2	Gabbv Davis	FR	Paso Robles HS	1:04.84
3	Clare Corbin	FR	Atascadero High	1:05.48
4	Maria Orozco	FR	Atascadero High	1:07.03
5	Samantha Lopez	SO	Pioneer Vallev HS	1:08.46
6	Melissa Mannon	SO	Atascadero High	1:09.56
7	Chenin Dotson	SO	San Luis Obispo High	1:09.65
8	Alexis Bendixen	SO	Pioneer Vallev HS	1:10.32
9	Viviana Reyes	FR	Atascadero High	1:13.75
10	Halen Borges	FR	Pioneer Vallev HS	1:14.11

Event # 14 BOYS Frosh-Soph 400m Dash

9 Qualify Top 1 + times

MEET RECORD:Ethan Lewis ATAS 53.81 2008

RESULTS OF FINALS

1	Alec Deleon	SO	Righetti High School	53.06#
2	Tommv Frev	SO	Paso Robles HS	54.43
3	Andrew Munguia	SO	Paso Robles HS	54.53
4	Kashawn Mance	FR	Righetti High School	54.54
5	Keoni Bio	FR	Arrovo Grande HS	55.46
6	Issac Nogales	SO	Pioneer Vallev HS	55.61
7	Ouinton Beaumont	FR	Arrovo Grande HS	56.52
8	Mark Meninger	SO	Arrovo Grande HS	58.57
9	David Sav	FR	Atascadero High	59.45

RESULTS OF PRELIMS

1	Alec Deleon	SO	Righetti High School	54.33
2	Tommv Frev	SO	Paso Robles HS	54.54
3	Issac Nogales	SO	Pioneer Vallev HS	55.87
4	Andrew Munguia	SO	Paso Robles HS	55.96
5	Ouinton Beaumont	FR	Arrovo Grande HS	56.33
6	Kashawn Mance	FR	Righetti High School	56.38
7	Keoni Bio	FR	Arrovo Grande HS	57.62
8	Mark Meninger	SO	Arrovo Grande HS	58.95

2013 PAC 7 T&F CHAMPIONSHIPS

Host: AG , Venue: Atascadero HS

4/26/13 - 5/2/13

2 alternate qualifiers will show

9	David Sav	FR Atascadero High	1:00.15
10	Jamison Murrav	FR Paso Robles HS	1:00.26
11	Hanson Eebert	FR San Luis Obispo High	1:00.73
12	Javce Alegre	FR Righetti High School	1:01.44
13	Michael Murach	FR Atascadero High	1:02.70
14	Jeremiah Alegre	SO Righetti High School	1:02.85
15	Alan Leal	FR Righetti High School	1:02.88
16	Nicholas Diaz	FR Righetti High School	1:04.52
17	Eric Correa	FR Righetti High School	1:04.71

Event # 15 GIRLS Varsity 400m Dash

9 Qualify Top 1 + times

MEET RECORD:Angela Clague SLO 55.67 2009

RESULTS OF FINALS

1	Angelica Cusworth	SO Atascadero High	57.98
2	Christine Moreno	SR Arroyo Grande HS	58.86
3	Kelsev Shetler	SO San Luis Obispo High	59.56
4	Madison Moore	SO Paso Robles HS	1:00.22
5	Kina Lang	SO Arroyo Grande HS	1:01.72
6	Nicole Pitman	JR Arroyo Grande HS	1:01.94
7	Jade Bewlev	JR Arroyo Grande HS	1:02.51
8	Ashley Ellsworth	JR San Luis Obispo High	1:03.73
9	Mercedes Moore	SO Arroyo Grande HS	1:04.38

RESULTS OF PRELIMS

1	Angelica Cusworth	SO Atascadero High	58.19
2	Christine Moreno	SR Arroyo Grande HS	59.35
3	Kelsev Shetler	SO San Luis Obispo High	1:00.11
4	Madison Moore	SO Paso Robles HS	1:00.58
5	Kina Lang	SO Arroyo Grande HS	1:01.95
6	Nicole Pitman	JR Arroyo Grande HS	1:02.55
7	Jade Bewlev	JR Arroyo Grande HS	1:02.56
8	Ashley Ellsworth	JR San Luis Obispo High	1:03.52
9	Mercedes Moore	SO Arroyo Grande HS	1:04.40
10	Sparkv Sharer	SO St. Joseph HS SM	1:05.56
11	Savannah McCarthv	SR Atascadero High	1:07.94
12	Sierra Kindel	SR Atascadero High	1:08.51
13	Alvssa Harris	JR Paso Robles HS	1:08.83
14	Deanna Kelsev	SR Atascadero High	1:09.88
15	Maria Escamilla	JR Paso Robles HS	1:12.01

Event # 16 BOYS Varsity 400m Dash

9 Qualify Top 1 + times

MEET RECORD:Ehi Robinson RIG 49.20 2009

RESULTS OF FINALS

1	Robert Hixson	SR Atascadero High	49.39
2	Ravmond Smith	SO San Luis Obispo High	49.47
3	Pricer Hitchcock	SO San Luis Obispo High	51.68
4	Sean St. Denis	JR Arroyo Grande HS	51.92
5	Anthony Zelava	SO Pioneer Vallev HS	52.67
6	Alvaro Moreno	SO Pioneer Vallev HS	52.78
7	Travis Hallett	JR Atascadero High	53.42

RESULTS OF PRELIMS

1	Robert Hixson	SR Atascadero High	50.41
2	Ravmond Smith	SO San Luis Obispo High	51.41
3	Sean St. Denis	JR Arroyo Grande HS	53.34
4	Hans Koellnberger	JR Righetti High School	53.45

2013 PAC 7 T&F CHAMPIONSHIPS

Host: AG , Venue: Atascadero HS

4/26/13 - 5/2/13

2 alternate qualifiers will show

5	Alvaro Moreno	SO	Pioneer Vallev HS	54.01
6	Pricer Hitchcock	SO	San Luis Obispo High	54.06
7	Travis Hallett	JR	Atascadero High	54.25
8	Joaquin Castellanos	JR	St. Joseph HS SM	54.47
9	Anthonv Zelava	SO	Pioneer Vallev HS	54.73
10	Joseph Castellanos	JR	St. Joseph HS SM	55.33
11	Tanner Velton	JR	Arrovo Grande HS	56.69
12	Jose Ramos	SR	Pioneer Vallev HS	56.71
13	Cedric Cedriz	JR	Atascadero High	56.95
14	Jose Gonzalez	JR	Pioneer Vallev HS	58.38
15	Alex Contreras	SR	Pioneer Vallev HS	59.58
16	Joseph Gonzalez	SR	Arrovo Grande HS	1:05.08

Event # 17 GIRLS Frosh-Soph 100m Dash

9 Qualify Top 1 + times

MEET RECORD:Michaela Olne RIG 13.00 2012

RESULTS OF FINALS

1	Lauren Cohune	SO	San Luis Obispo High	+2.3m/s	13.31
2	Bronte Cichlar	FR	Arrovo Grande HS	+2.3m/s	13.33
3	Rachel Andrade	SO	Atascadero High	+2.3m/s	13.70
4	Ashlev Thomas	SO	Righetti High School	+2.3m/s	13.72
5	Cass Cracker	SO	Atascadero High	+2.3m/s	13.73
6	Cassidy Moran	SO	Pioneer Vallev HS	+2.3m/s	14.01
7	Mailei Gruver	SO	St. Joseph HS SM	+2.3m/s	14.02
8	Gabriella Santiago	FR	Arrovo Grande HS	+2.3m/s	14.76

RESULTS OF PRELIMS

1	Lauren Cohune	SO	San Luis Obispo High	13.39
2	Bronte Cichlar	FR	Arrovo Grande HS	13.41
3	Ashlev Thomas	SO	Righetti High School	13.66
4	Rachel Andrade	SO	Atascadero High	13.73
5	Cassidy Moran	SO	Pioneer Vallev HS	13.82
6	Dailvn Stokes	FR	San Luis Obispo High	13.84
7	Mailei Gruver	SO	St. Joseph HS SM	13.88
8	Sierra Nunes	FR	San Luis Obispo High	13.94
9	Cass Cracker	SO	Atascadero High	14.11
10	Alexandria Ramirez	FR	Atascadero High	14.32
11	Nicole Ragan	SO	Atascadero High	14.33
12	Marv Youneblood	FR	Pioneer Vallev HS	14.34
13	Michelle Garcia	SO	Pioneer Vallev HS	14.42
14	Gabriella Santiago	FR	Arrovo Grande HS	14.43
15	Lauren Griffin	FR	Paso Robles HS	14.44
16	Tia Jones	SO	Righetti High School	14.50
17	Giselle Merez	FR	Righetti High School	14.57
18	Carlev Jensen	FR	Arrovo Grande HS	14.68
19	Aileen Garcia	FR	Righetti High School	14.79
20	Crvstal Perez	FR	Pioneer Vallev HS	14.93
21	Paige Coburn	FR	Atascadero High	14.98
22	Arleth Orozco	SO	Pioneer Vallev HS	15.20
23	Brenda Castro	SO	Paso Robles HS	15.24
24	Valentina Pinochet	FR	Pioneer Vallev HS	15.27
25	Diana Cano	SO	Paso Robles HS	15.33
26	Brescia Gonzalez	SO	Pioneer Vallev HS	15.44
27	Angelica Honrada	FR	Pioneer Vallev HS	15.54
28	Vanessa Meraz	FR	Pioneer Vallev HS	15.68
29	Gabbv Garza	SO	San Luis Obispo High	15.84
30	Elisa Lopez	SO	Pioneer Vallev HS	16.26
31	Grace Randazzo	FR	Arrovo Grande HS	16.27

2013 PAC 7 T&F CHAMPIONSHIPS

Host: AG , Venue: Atascadero HS

4/26/13 - 5/2/13

2 alternate qualifiers will show

32	Rosa Camillo	FR Pioneer Vallev HS	16.50
33	Kassandra Pacheco	FR Paso Robles HS	16.65
34	Destiny Vargas	FR Pioneer Vallev HS	16.88
35	Alexis Castillo	FR Pioneer Vallev HS	17.33
36	Olivia Vengel	FR St. Joseph HS SM	17.37

Event # 18 BOYS Frosh-Soph 100m Dash

9 Qualify Top 1 + times

MEET RECORD: Joseph Lunt PASO 11.37 2010

RESULTS OF FINALS

1	Deandre Thomas	FR Righetti High School	+3.1m/s	11.55
2	Jordan Foster	FR Arrovo Grande HS	+3.1m/s	11.61
3	Jose Gutierrez	SO Pioneer Vallev HS	+3.1m/s	11.69
4	Robert Sarellano	SO Pioneer Vallev HS	+3.1m/s	11.93
5	Anthony Quintero	SO Atascadero High	+3.1m/s	12.08
6	Elijah Wilkinson	SO Righetti High School	+3.1m/s	12.17
7	Oscar Rojo	FR Pioneer Vallev HS	+3.1m/s	12.22
8	Geo Abuan	FR Arrovo Grande HS	+3.1m/s	12.26
9	Jonathan Mercado	SO Paso Robles HS	+3.1m/s	12.62

RESULTS OF PRELIMS

1	Jordan Foster	FR Arrovo Grande HS	11.60
2	Deandre Thomas	FR Righetti High School	11.76
3	Jose Gutierrez	SO Pioneer Vallev HS	11.83
4	Robert Sarellano	SO Pioneer Vallev HS	11.86
5	Anthony Quintero	SO Atascadero High	11.97
6	Oscar Rojo	FR Pioneer Vallev HS	12.25
7	Jonathan Mercado	SO Paso Robles HS	12.30
8	Elijah Wilkinson	SO Righetti High School	12.31
9	Geo Abuan	FR Arrovo Grande HS	12.32
10	Max Wright	SO Atascadero High	12.33
11	Brandon Tabarez	FR Paso Robles HS	12.42
11	Corv Holt	SO San Luis Obispo High	12.42
13	James Zanoli	SO San Luis Obispo High	12.49
13	Anibal Zacarias	SO Pioneer Vallev HS	12.49
15	Cedric Pullen	FR Pioneer Vallev HS	12.51
16	Javier Alfaro	FR Pioneer Vallev HS	12.54
16	Juan Caballero	SO Pioneer Vallev HS	12.54
18	Juan Villa	FR Paso Robles HS	12.66
19	Kevin Norton	FR Pioneer Vallev HS	12.68
20	Trevor Knuckles	SO Atascadero High	12.69
20	Johnny Deleon	FR Pioneer Vallev HS	12.69
22	Jackson Martin	FR San Luis Obispo High	12.71
23	Christian Cabrales	SO San Luis Obispo High	12.77
24	Juan Saldivar	FR Atascadero High	12.83
25	Terry Wolf	FR Atascadero High	12.88
26	Michael Grasseschi	SO San Luis Obispo High	13.09
27	Anthony Gonzalez	FR Paso Robles HS	13.28
28	Harrison Bavne	SO San Luis Obispo High	13.82
29	Manual Bustamonte	FR Pioneer Vallev HS	13.87
30	Jesse Alvarado	SO Pioneer Vallev HS	14.03
31	Cristian Escobar	FR Pioneer Vallev HS	14.06
31	Adrian Enriquez	FR Pioneer Vallev HS	14.06

2013 PAC 7 T&F CHAMPIONSHIPS

Host: AG , Venue: Atascadero HS

4/26/13 - 5/2/13

2 alternate qualifiers will show

Event # 19 GIRLS Varsity 100m Dash

9 Qualify Top 1 + times

MEET RECORD:Stephanie Micheli AG 12.26 2007

RESULTS OF FINALS

1	Samantha Anderson	JR Paso Robles HS	+3.4m/s	12.28
2	Anaiis De Los santos	SR Atascadero High	+3.4m/s	12.50
3	Kelly McGuire	SO San Luis Obispo High	+3.4m/s	12.63
4	Ariel Becker	SR San Luis Obispo High	+3.4m/s	12.75
5	Lexi Johnson	SO San Luis Obispo High	+3.4m/s	12.82
6	Cassidy Block	SO San Luis Obispo High	+3.4m/s	12.95
7	Robin Alliani	JR Arroyo Grande HS	+3.4m/s	12.97
8	Natalie Barahona	FR Paso Robles HS	+3.4m/s	13.14
9	VanLisa Phung	FR Arroyo Grande HS	+3.4m/s	13.38

RESULTS OF PRELIMS

1	Samantha Anderson	JR Paso Robles HS		12.19#
2	Anaiis De Los santos	SR Atascadero High		12.72
3	Kelly McGuire	SO San Luis Obispo High		12.73
4	Lexi Johnson	SO San Luis Obispo High		12.77
4	Cassidy Block	SO San Luis Obispo High		12.77
6	Ariel Becker	SR San Luis Obispo High		12.81
7	Robin Alliani	JR Arroyo Grande HS		13.12
8	Natalie Barahona	FR Paso Robles HS		13.20
9	VanLisa Phung	FR Arroyo Grande HS		13.25
10	Summer Soriano	SO Arroyo Grande HS		13.29
11	Tori Valdez	SO Pioneer Valley HS		13.55
12	Jamiebel Angkahan	SR Pioneer Valley HS		13.62
12	Chloe Trockman	FR Atascadero High		13.62
14	Leann Barber	JR Pioneer Valley HS		13.88
15	Maya Sosa	FR Atascadero High		13.93
15	Mikavla Garcia	SO Arroyo Grande HS		13.93
17	Rebecca Souza	FR St. Joseph HS SM		13.97
18	Savanna Sustaita	JR Pioneer Valley HS		14.01
19	Brvnne Guzman	SR Atascadero High		14.10
20	Elizabeth Toral	JR Atascadero High		14.23
21	Christine Harrison	JR Atascadero High		14.41
22	Victoria Maretta	SO Arroyo Grande HS		14.55
23	Svenna Ramirez	SO St. Joseph HS SM		14.98
24	Barbara Walrod	JR Paso Robles HS		15.27
25	Ciara Smith	JR Pioneer Valley HS		15.96
26	Aracely Alvarez	SR Paso Robles HS		16.50

Event # 20 BOYS Varsity 100m Dash

9 Qualify Top 1 + times

MEET RECORD:Dan Ando PV 10.86 2010

RESULTS OF FINALS

1	Eric Grant	SR Righetti High School	+2.8m/s	10.95
2	Nate Greenelsh	SO San Luis Obispo High	+2.8m/s	10.97
3	Roddrick Pullen	SR Pioneer Valley HS	+2.8m/s	11.01
4	Matthew Mihelic	JR Paso Robles HS	+2.8m/s	11.31
5	Cole Bradley	JR San Luis Obispo High	+2.8m/s	11.38
6	Elijah Holt	SR Arroyo Grande HS	+2.8m/s	11.41
7	Josh Jeter	SR Paso Robles HS	+2.8m/s	11.55
8	Nick Derose	SO Atascadero High	+2.8m/s	11.62
9	Malik Pope	JR Righetti High School	+2.8m/s	11.93

2013 PAC 7 T&F CHAMPIONSHIPS

Host: AG , Venue: Atascadero HS

4/26/13 - 5/2/13

2 alternate qualifiers will show**RESULTS OF PRELIMS**

1	Eric Grant	SR Righetti High School	11.03
2	Nate Greenelsh	SO San Luis Obispo High	11.04
3	Eliiah Holt	SR Arrovo Grande HS	11.24
4	Roddrick Pullen	SR Pioneer Vallev HS	11.32
5	Matthew Mihelic	JR Paso Robles HS	11.37
6	Nick Derose	SO Atascadero High	11.43
7	Cole Bradley	JR San Luis Obispo High	11.54
8	Josh Jeter	SR Paso Robles HS	11.69
9	Malik Pope	JR Righetti High School	11.85
10	Andrew Toh	FR San Luis Obispo High	11.86
11	Cameron Andrews	SR Paso Robles HS	11.89
12	Jordan Harrigan	SO Arrovo Grande HS	11.90
13	Logan Minnoch	JR Righetti High School	11.95
14	Gabriel Mondragon	JR Paso Robles HS	11.98
15	Logan Handlev	JR Atascadero High	12.08
16	Junior Alvarado	JR Pioneer Vallev HS	12.12
17	Ernesto Barrera	JR Pioneer Vallev HS	12.20
18	Luke Sherrill	SO Atascadero High	12.22
19	Michael Mannon	SR Atascadero High	12.28
19	Cian Fernandez	SO San Luis Obispo High	12.28
21	Cristian Rangel	SR Atascadero High	12.61
22	Hunter Andrade	JR Atascadero High	12.63
23	Taylor Metzger-Jones	JR Atascadero High	12.69
24	Zac Wilson	JR San Luis Obispo High	12.70
25	Charlie Spratt	JR San Luis Obispo High	12.72
26	Marcellous Bass	JR Paso Robles HS	12.87
	Codie Corbin	SR Pioneer Vallev HS	DO

Event # 21 GIRLS Frosh-Soph 800m Run

9 Qualify Top 2 + times

MEET RECORD:Heather Riveria RIG 2:29.90 2009

RESULTS OF FINALS

1	VanEsza Stanlev	SO Paso Robles HS	2:33.49
2	Miranda Daschian	SO Atascadero High	2:33.87
3	Gabbv Davis	FR Paso Robles HS	2:36.13
4	Jennifer Alvarez	FR Arrovo Grande HS	2:36.23
5	Claire Farrell	SO Paso Robles HS	2:38.43
6	Brittini Frace	FR Atascadero High	2:39.22
7	Maria Orozco	FR Atascadero High	2:39.24
8	Melissa Mannon	SO Atascadero High	2:39.26
9	Sarah Pihl	SO San Luis Obispo High	2:42.06

RESULTS OF PRELIMS

1	Miranda Daschian	SO Atascadero High	2:39.80
2	Gabbv Davis	FR Paso Robles HS	2:41.14
3	Maria Orozco	FR Atascadero High	2:41.62
4	Brittini Frace	FR Atascadero High	2:45.89
5	VanEsza Stanlev	SO Paso Robles HS	2:46.51
6	Jennifer Alvarez	FR Arrovo Grande HS	2:48.25
7	Sarah Pihl	SO San Luis Obispo High	2:49.98
8	Claire Farrell	SO Paso Robles HS	2:51.74
9	Melissa Mannon	SO Atascadero High	2:51.92
10	Alvssa Redden	FR Paso Robles HS	2:52.06
11	Jenny Grady	FR San Luis Obispo High	2:52.52
12	Chenoa Herlihy	SO Arrovo Grande HS	2:53.27
13	Kavla Marshall	SO Pioneer Vallev HS	2:55.32
14	Elena Robles	SO Pioneer Vallev HS	3:00.48

2013 PAC 7 T&F CHAMPIONSHIPS

Host: AG , Venue: Atascadero HS

4/26/13 - 5/2/13

2 alternate qualifiers will show

15	Kasev Bauer	SO	San Luis Obispo High	3:01.05
16	Madvsn Barenchi	FR	Pioneer Vallev HS	3:02.17
17	Andrea Frausto	FR	Pioneer Vallev HS	3:06.40
18	Yuka Takagi	SO	Atascadero High	3:10.94
19	Kenidi Campa	SO	San Luis Obispo High	3:11.40
20	Erika Lopez	SO	Pioneer Vallev HS	3:13.95
21	Maria Beluso	FR	Atascadero High	3:15.56

Event # 22 BOYS Frosh-Soph 800m Run

9 Qualify Top 2 + times

MEET RECORD:Alec Deleon RIG 2:04.90 2012

RESULTS OF FINALS

1	Sid Monge	SO	Paso Robles HS	2:07.66
2	Josh McEwen	SO	Atascadero High	2:08.52
3	Alec Deleon	SO	Righetti High School	2:09.69
4	Zach Chamberlain	SO	Paso Robles HS	2:11.33
5	Zack Pincin	FR	Righetti High School	2:12.81
6	Ethan McSwain	SO	San Luis Obispo High	2:12.98
7	Josh Potter	FR	Paso Robles HS	2:16.21
8	Tommy Frev	SO	Paso Robles HS	2:17.03

RESULTS OF PRELIMS

1	Alec Deleon	SO	Righetti High School	2:05.00
2	Josh McEwen	SO	Atascadero High	2:09.96
3	Sid Monge	SO	Paso Robles HS	2:11.70
4	Ethan McSwain	SO	San Luis Obispo High	2:16.57
5	Tommy Frev	SO	Paso Robles HS	2:17.09
6	Zach Chamberlain	SO	Paso Robles HS	2:18.10
7	Zack Pincin	FR	Righetti High School	2:18.85
8	Josh Potter	FR	Paso Robles HS	2:19.14
9	Jaisen Singh	SO	Arrovo Grande HS	2:19.29
10	Colin Havashi	FR	Arrovo Grande HS	2:19.56
11	Bercelvn Vincente	SO	Paso Robles HS	2:19.90
12	Nathaniel Schenck	SO	Arrovo Grande HS	2:20.71
13	Michael Pineda	FR	Paso Robles HS	2:27.74
14	Brandon Smith	FR	Paso Robles HS	2:28.10
15	David Sav	FR	Atascadero High	2:28.47
16	Santos Peinado	SO	Pioneer Vallev HS	2:28.77
17	Alex Coolev	SO	Atascadero High	2:32.79
18	Miles Bontenbal	FR	Atascadero High	2:34.37
19	Nicholas Diaz	FR	Righetti High School	2:35.30
20	Michael Murach	FR	Atascadero High	2:35.72
21	Alan Leal	FR	Righetti High School	2:36.56
22	Ryan Stewart	SO	Arrovo Grande HS	2:36.93
23	Nick Redfern	FR	Atascadero High	2:42.60
24	Eric Correa	FR	Righetti High School	2:44.13
25	Evan Cronkright	SO	Atascadero High	3:01.88

Event # 23 GIRLS Varsity 800m Run

9 Qualify Top 2 + times

MEET RECORD:Tonie Williams SLO 2:17.94 2005

RESULTS OF FINALS

1	Jade Fuller	SR	Arrovo Grande HS	2:16.71 #
2	Elizabeth Heyde	SO	Arrovo Grande HS	2:18.08
3	Angela Gemignani	FR	Arrovo Grande HS	2:18.17
4	Bridget Adam	SR	St. Joseph HS SM	2:18.83
5	Micavla Rennick	SR	San Luis Obispo High	2:23.74

2013 PAC 7 T&F CHAMPIONSHIPS

Host: AG , Venue: Atascadero HS

4/26/13 - 5/2/13

2 alternate qualifiers will show

6	Miriam Orozco	SR Atascadero High	2:23.93
7	Nora Zakaria	JR San Luis Obispo High	2:30.10
8	Devin Corea	JR Paso Robles HS	2:31.32
9	Hannah Minardi	JR Arroyo Grande HS	2:43.84
RESULTS OF PRELIMS			
1	Elizabeth Heyde	SO Arroyo Grande HS	2:21.25
2	Micavla Rennick	SR San Luis Obispo High	2:21.71
3	Bridget Adam	SR St. Joseph HS SM	2:23.03
4	Jade Fuller	SR Arroyo Grande HS	2:24.15
5	Angela Gemignani	FR Arroyo Grande HS	2:25.60
6	Miriam Orozco	SR Atascadero High	2:26.93
7	Nora Zakaria	JR San Luis Obispo High	2:31.53
8	Hannah Minardi	JR Arroyo Grande HS	2:32.50
9	Devin Corea	JR Paso Robles HS	2:33.54
10	Sierra Kindel	SR Atascadero High	2:35.48
11	Jillian McLenithan	SR Atascadero High	2:35.59
12	Laura Greene	SR Arroyo Grande HS	2:35.73
13	Nichole Steingruber	SR Paso Robles HS	2:36.26
14	Savannah McCarthv	SR Atascadero High	2:40.93
15	Kylie Herlihv	SR Arroyo Grande HS	2:42.89
16	Deanna Kelsev	SR Atascadero High	2:44.41
17	Sparkv Sharer	SO St. Joseph HS SM	2:46.11
18	Samantha Hernandez	JR Arroyo Grande HS	2:52.00
19	Danica Hagen	JR San Luis Obispo High	2:53.29
20	Laura Cassera	JR Atascadero High	2:54.98
21	Shelbv Warren	SR Atascadero High	2:55.25
22	Kaisa Andreasson	SR Atascadero High	2:55.89
23	Victoria Sweet	SR Arroyo Grande HS	2:57.70
24	Ashlev Morse	JR Pioneer Valle HS	2:58.15
25	Devon Mills	SO Arroyo Grande HS	3:06.33
	Ashlev Ellsworth	JR San Luis Obispo High	DO

Event # 24 BOYS Varsity 800m Run

9 Qualify Top 2 + times

MEET RECORD: Zander Souza PASO 1:56.95 2011

RESULTS OF FINALS

1	Eli Malfo	JR St. Joseph HS SM	1:55.97#
2	Blake Maule	SR Arroyo Grande HS	1:56.22#
3	John Nichols	JR Arroyo Grande HS	1:58.96
4	Daniel Reves	SO Atascadero High	2:01.00
5	Kyle Ravera	JR Paso Robles HS	2:02.47
6	Everet Lucero	JR Arroyo Grande HS	2:03.10
7	Nate Mash	SR Arroyo Grande HS	2:04.30
8	David Ramirez	SR Atascadero High	2:04.45
9	Travis Hallett	JR Atascadero High	2:05.37
10	Robert Hixson	SR Atascadero High	2:13.38

RESULTS OF PRELIMS

1	Eli Malfo	JR St. Joseph HS SM	1:59.01
2	Daniel Reves	SO Atascadero High	2:00.00
3	David Ramirez	SR Atascadero High	2:02.18
4	Blake Maule	SR Arroyo Grande HS	2:02.25
5	Robert Hixson	SR Atascadero High	2:02.26
6	Nate Mash	SR Arroyo Grande HS	2:02.67
7	John Nichols	JR Arroyo Grande HS	2:02.99
8	Aidan Farrell	SR Paso Robles HS	2:03.30
9	Kyle Ravera	JR Paso Robles HS	2:04.57
10	Everet Lucero	JR Arroyo Grande HS	2:04.95

2013 PAC 7 T&F CHAMPIONSHIPS**Host: AG , Venue: Atascadero HS**

4/26/13 - 5/2/13

2 alternate qualifiers will show

11	Travis Hallett	JR	Atascadero High	2:05.70
12	Pablo Nicasio	SR	Righetti High School	2:07.00
13	Ethan Serna	JR	Paso Robles HS	2:07.43
14	Michael Pina	JR	Paso Robles HS	2:07.89
15	Jose Lopez	SR	Paso Robles HS	2:09.41
16	Joey Rodgers	SO	Arrovo Grande HS	2:09.52
17	William Ernst	SO	San Luis Obispo High	2:09.61
18	John Miles	JR	Arrovo Grande HS	2:10.40
19	Noah Yoshida	SR	Paso Robles HS	2:10.88
20	Jonathan Corlev	SR	Arrovo Grande HS	2:10.95
21	Ali Munoz	SR	Pioneer Valley HS	2:16.69
22	Cedric Cedriz	JR	Atascadero High	2:16.97
23	David White	JR	San Luis Obispo High	2:17.99
24	Jose Gonzalez	JR	Pioneer Valley HS	2:18.49
25	Eduardo Cortes	SR	Pioneer Valley HS	2:18.73
26	Kyle Yost	JR	Arrovo Grande HS	2:20.25
27	Casey MacK	SR	Arrovo Grande HS	2:20.85
28	Armondo Colores	SR	Pioneer Valley HS	2:23.24
29	Austin Liddicoat	SR	San Luis Obispo High	2:27.36

Event # 25 GIRLS Frosh-Soph 300m Hurdles

8 Qualify, lane 9 optional

Top 2 + times

MEET RECORD:Michaela Howard PASO 50.01 2012

RESULTS OF FINALS

1	Elissah Gonzales	FR	Atascadero High	50.65
2	Kristen Stevens	SO	Arrovo Grande HS	51.73
3	Allison McGuire	SO	San Luis Obispo High	53.21
4	Chloe Holstine	FR	Paso Robles HS	53.49
5	Brittany Rodriguez	SO	Righetti High School	53.73
6	Gwen Lundv	FR	Paso Robles HS	54.02
7	Hannah Katches	FR	Paso Robles HS	55.66
8	Paige Coburn	FR	Atascadero High	56.08

RESULTS OF PRELIMS

1	Elissah Gonzales	FR	Atascadero High	51.51
2	Allison McGuire	SO	San Luis Obispo High	51.98
3	Kristen Stevens	SO	Arrovo Grande HS	52.74
4	Brittany Rodriguez	SO	Righetti High School	54.34
4	Chloe Holstine	FR	Paso Robles HS	54.34
6	Hannah Katches	FR	Paso Robles HS	54.87
7	Gwen Lundv	FR	Paso Robles HS	55.53
8	Paige Coburn	FR	Atascadero High	56.47
9	Calley Pruett	FR	Arrovo Grande HS	56.62
10	Mellany Cunningham	SO	Righetti High School	58.82
11	Gabriela Vega	SO	Pioneer Valley HS	1:01.20

Event # 26 GIRLS Varsity 300m Hurdles

8 Qualify, lane 9 optional

Top 1 + times

MEET RECORD:Emily Allis SLO 44.08 2008

RESULTS OF FINALS

1	Angelica Cusworth	SO	Atascadero High	45.45
2	Kelsey Harner	JR	San Luis Obispo High	46.49
3	Dresden Smith	SO	Arrovo Grande HS	48.93
4	Alvssa Nevis	JR	Arrovo Grande HS	49.17
5	Demi Wack	FR	Arrovo Grande HS	49.21

2013 PAC 7 T&F CHAMPIONSHIPS**Host: AG , Venue: Atascadero HS**

4/26/13 - 5/2/13

2 alternate qualifiers will show

6	Kaileen Cruden	JR	St. Joseph HS SM	50.03
7	Michaela Howard	JR	Paso Robles HS	50.67
8	Elizabeth Willev	FR	San Luis Obispo High	52.12
RESULTS OF PRELIMS				
1	Angelica Cusworth	SO	Atascadero High	45.69
2	Kelsev Harper	JR	San Luis Obispo High	46.38
3	Demi Wack	FR	Arrovo Grande HS	48.59
4	Elizabeth Willev	FR	San Luis Obispo High	49.50
5	Alvssa Nevis	JR	Arrovo Grande HS	49.55
6	Michaela Howard	JR	Paso Robles HS	49.66
7	Kaileen Cruden	JR	St. Joseph HS SM	49.69
8	Kina Lang	SO	Arrovo Grande HS	49.95
9	Sara Gates	FR	Atascadero High	50.36
10	Dresden Smith	SO	Arrovo Grande HS	50.74
11	Kavla Brunner	SR	Pioneer Vallev HS	51.66
12	Socorro Orozco	JR	St. Joseph HS SM	56.44
13	Sandra Gonzalez	SR	Pioneer Vallev HS	58.14
14	Michelle Grahame	JR	St. Joseph HS SM	59.79
15	Francesca Carillo	SR	Pioneer Vallev HS	1:02.72

Event # 27 BOYS Frosh-Soph 300m Hurdles

8 Qualify, lane 9 optional

Top 2 + times

MEET RECORD:Michael Keating PASO 42.88 2005

RESULTS OF FINALS

1	Jason Bietz	SO	Atascadero High	44.64
2	Nester Vasquez	FR	Arrovo Grande HS	45.73
3	Jhony Diaz	FR	Pioneer Vallev HS	45.75
4	Deonali Rincon	FR	Pioneer Vallev HS	46.44
5	Quinton Beaumont	FR	Arrovo Grande HS	46.72
6	Mitchell Silva	FR	Righetti High School	46.73
7	Brvan Gonzalez	SO	Pioneer Vallev HS	47.67
8	Jason Germain	SO	Paso Robles HS	48.17
9	Joshua Plale	FR	Paso Robles HS	49.06

RESULTS OF PRELIMS

1	Jason Bietz	SO	Atascadero High	44.36
2	Nester Vasquez	FR	Arrovo Grande HS	45.31
3	Quinton Beaumont	FR	Arrovo Grande HS	45.81
4	Chris Graham	SO	Righetti High School	46.43
5	Mitchell Silva	FR	Righetti High School	46.67
6	Deonali Rincon	FR	Pioneer Vallev HS	47.32
7	Brvan Gonzalez	SO	Pioneer Vallev HS	48.22
8	Jhony Diaz	FR	Pioneer Vallev HS	48.29
9	Jason Germain	SO	Paso Robles HS	48.78
10	Joshua Plale	FR	Paso Robles HS	48.92
11	Jacob Jones	SO	Paso Robles HS	48.95
12	Josh Lambert	FR	Atascadero High	49.06
13	Dane Christ	FR	Arrovo Grande HS	49.11
14	Max Wright	SO	Atascadero High	49.30
15	Roman Garcia	FR	Pioneer Vallev HS	49.75
16	Trevaun Bustamonte	SO	Pioneer Vallev HS	51.84

2013 PAC 7 T&F CHAMPIONSHIPS

Host: AG , Venue: Atascadero HS

4/26/13 - 5/2/13

2 alternate qualifiers will show**Event # 28 BOYS Varsity 300m Hurdles**

8 Qualify, lane 9 optional

Top 1 + times

MEET RECORD: Andy Pinon PV 39.02 2009

RESULTS OF FINALS

1	Connor Hall	SR	San Luis Obispo High	39.20
2	Chris Toh	SR	San Luis Obispo High	39.94
3	Dominic Chance	SR	Atascadero High	40.74
4	Fernando Basulto	SR	Pioneer Vallev HS	41.36
5	Austin Borba	SR	Paso Robles HS	41.41
6	Adrian Vera	SR	Pioneer Vallev HS	41.66
7	Eliiah Holt	SR	Arrovo Grande HS	43.85
8	Malik Pope	JR	Righetti High School	44.13

RESULTS OF PRELIMS

1	Connor Hall	SR	San Luis Obispo High	39.11
2	Chris Toh	SR	San Luis Obispo High	41.23
3	Adrian Vera	SR	Pioneer Vallev HS	41.36
4	Dominic Chance	SR	Atascadero High	41.64
5	Austin Borba	SR	Paso Robles HS	42.38
6	Fernando Basulto	SR	Pioneer Vallev HS	42.70
7	Eliiah Holt	SR	Arrovo Grande HS	43.55
8	Malik Pope	JR	Righetti High School	43.74
9	Andrew Hawkes	JR	St. Joseph HS SM	44.51
10	Francisco Betancourt	SR	Pioneer Vallev HS	44.90
11	Noah Minardi	SR	Arrovo Grande HS	44.94
12	Austin Gasbarra	JR	Arrovo Grande HS	45.27
13	Nick Derose	SO	Atascadero High	45.30
14	Andrew Sahagan	JR	Arrovo Grande HS	46.31
15	Micahal Tarwater	SR	Paso Robles HS	46.43
16	Robert Comstock Iii	JR	Paso Robles HS	47.36
17	Stefano Sasia	JR	St. Joseph HS SM	47.56
18	Juan Isidra	SR	Arrovo Grande HS	47.87
19	Colin Nuworsoo	JR	Paso Robles HS	48.99

Event # 29 GIRLS Frosh-Soph 200m Dash

9 Qualify Top 1 + times

MEET RECORD: Amanda Cuskelly AG 27.10 2008

RESULTS OF FINALS

1	Rachel Andrade	SO	Atascadero High	+1.7m/s	27.89
2	Olivia Galindo	SO	Arrovo Grande HS	+1.7m/s	27.97
3	Alexandria Ramirez	FR	Atascadero High	+1.7m/s	28.35
4	Cass Cracker	SO	Atascadero High	+1.7m/s	28.39
5	Lauren Cohune	SO	San Luis Obispo High	+1.7m/s	28.89
6	Samantha Lopez	SO	Pioneer Vallev HS	+1.7m/s	29.09
7	Bronte Cichlar	FR	Arrovo Grande HS	+1.7m/s	29.22
8	Mailei Gruver	SO	St. Joseph HS SM	+1.7m/s	29.37
9	Cassidy Moran	SO	Pioneer Vallev HS	+1.7m/s	29.94

RESULTS OF PRELIMS

1	Rachel Andrade	SO	Atascadero High	28.10
2	Cass Cracker	SO	Atascadero High	28.23
3	Lauren Cohune	SO	San Luis Obispo High	28.52
4	Olivia Galindo	SO	Arrovo Grande HS	28.53
4	Bronte Cichlar	FR	Arrovo Grande HS	28.53
6	Alexandria Ramirez	FR	Atascadero High	28.61
7	Cassidy Moran	SO	Pioneer Vallev HS	29.11

2013 PAC 7 T&F CHAMPIONSHIPS

Host: AG , Venue: Atascadero HS

4/26/13 - 5/2/13

2 alternate qualifiers will show

8	Samantha Lopez	SO Pioneer Vallev HS	29.20
9	Mailei Gruver	SO St. Joseph HS SM	29.31
10	Clare Corbin	FR Atascadero High	29.44
11	Svdnev Knauer	SO San Luis Obispo High	29.58
12	Michelle Garcia	SO Pioneer Vallev HS	29.69
13	Ashlev Thomas	SO Righetti High School	29.71
14	Nicole Ragan	SO Atascadero High	29.72
15	Chenin Dotson	SO San Luis Obispo High	29.85
16	Giselle Merez	FR Righetti High School	30.13
17	Alexis Bendixen	SO Pioneer Vallev HS	30.20
18	Marv Youngblood	FR Pioneer Vallev HS	30.33
19	Lisa Figueroa	FR San Luis Obispo High	30.53
20	Gabriella Santiago	FR Arrovo Grande HS	30.79
21	Aileen Garcia	FR Righetti High School	31.09
22	Crvstal Perez	FR Pioneer Vallev HS	31.68
23	Viviana Reyes	FR Atascadero High	31.80
24	Valentina Pinochet	FR Pioneer Vallev HS	32.57
25	Brenda Castro	SO Paso Robles HS	32.68
26	Vanessa Meraz	FR Pioneer Vallev HS	32.93
27	Grace Randazzo	FR Arrovo Grande HS	33.07
28	Diana Cano	SO Paso Robles HS	33.23
29	Halen Borges	FR Pioneer Vallev HS	33.67
30	Gabbv Garza	SO San Luis Obispo High	34.05
31	Jazzmine Dumitrescu	FR Pioneer Vallev HS	34.50

Event # 30 BOYS Frosh-Soph 200m Dash

9 Qualify Top 1 + times

MEET RECORD: Joseph Lunt PASO 23.49 2010

RESULTS OF FINALS

1	Jordan Foster	FR Arrovo Grande HS	+1.1m/s	23.85
2	Andrew Munguia	SO Paso Robles HS	+1.1m/s	24.15
3	Issac Nogales	SO Pioneer Vallev HS	+1.1m/s	24.23
4	Deandre Thomas	FR Righetti High School	+1.1m/s	24.40
5	Jose Gutierrez	SO Pioneer Vallev HS	+1.1m/s	24.53
6	Keoni Bio	FR Arrovo Grande HS	+1.1m/s	24.57
7	Kashawn Mance	FR Righetti High School	+1.1m/s	24.86
8	Brandon Tabarez	FR Paso Robles HS	+1.1m/s	25.02
9	Oscar Roio	FR Pioneer Vallev HS	+1.1m/s	25.45

RESULTS OF PRELIMS

1	Jordan Foster	FR Arrovo Grande HS	23.82
2	Issac Nogales	SO Pioneer Vallev HS	24.18
3	Andrew Munguia	SO Paso Robles HS	24.38
4	Deandre Thomas	FR Righetti High School	24.41
5	Jose Gutierrez	SO Pioneer Vallev HS	24.58
6	Keoni Bio	FR Arrovo Grande HS	24.70
7	Kashawn Mance	FR Righetti High School	24.83
8	Oscar Roio	FR Pioneer Vallev HS	24.97
9	Brandon Tabarez	FR Paso Robles HS	25.11
10	Elijah Wilkinson	SO Righetti High School	25.32
11	Ceddric Bermudez	FR San Luis Obispo High	25.49
12	Juan Villa	FR Paso Robles HS	25.68
13	Javier Alfaro	FR Pioneer Vallev HS	25.95
14	Juan Saldivar	FR Atascadero High	26.16
15	Christian Cabrales	SO San Luis Obispo High	26.18
16	Jamison Murrav	FR Paso Robles HS	26.21
17	Juan Caballero	SO Pioneer Vallev HS	26.30
18	Mark Meninger	SO Arrovo Grande HS	26.57

2013 PAC 7 T&F CHAMPIONSHIPS**Host: AG , Venue: Atascadero HS**

4/26/13 - 5/2/13

2 alternate qualifiers will show

19	Hanson Egbert	FR	San Luis Obispo High	26.59
20	Kevin Norton	FR	Pioneer Vallev HS	26.71
21	Anthony Estrada	FR	Pioneer Vallev HS	26.74
22	Javce Alegre	FR	Righetti High School	26.91
23	Charlie Ferini	SO	St. Joseph HS SM	27.09
24	Anthony Gonzalez	FR	Paso Robles HS	27.35
25	Nick Adler	SO	San Luis Obispo High	27.37
26	Jeremiah Alegre	SO	Righetti High School	27.60
27	Adrian Enriquez	FR	Pioneer Vallev HS	28.43

Event # 31 GIRLS Varsity 200m Dash

9 Qualify Top 1 + times

MEET RECORD: Tonie Williams SLO 24.42 2008

RESULTS OF FINALS

1	Samantha Anderson	JR	Paso Robles HS	+1.1m/s	25.54
2	Kelly McGuire	SO	San Luis Obispo High	+1.1m/s	26.24
3	Cassidy Block	SO	San Luis Obispo High	+1.1m/s	26.31
4	Anais De Los santos	SR	Atascadero High	+1.1m/s	26.44
5	Christine Moreno	SR	Arrovo Grande HS	+1.1m/s	26.64
6	Robin Alliani	JR	Arrovo Grande HS	+1.1m/s	26.69
7	Kelsev Shetler	SO	San Luis Obispo High	+1.1m/s	26.96
8	Lexi Johnson	SO	San Luis Obispo High	+1.1m/s	26.98
9	Madison Moore	SO	Paso Robles HS	+1.1m/s	27.32

RESULTS OF PRELIMS

1	Samantha Anderson	JR	Paso Robles HS	25.40
2	Kelly McGuire	SO	San Luis Obispo High	26.06
3	Christine Moreno	SR	Arrovo Grande HS	26.10
3	Anais De Los santos	SR	Atascadero High	26.10
5	Cassidy Block	SO	San Luis Obispo High	26.39
6	Lexi Johnson	SO	San Luis Obispo High	26.59
7	Madison Moore	SO	Paso Robles HS	26.88
8	Kelsev Shetler	SO	San Luis Obispo High	26.93
9	Robin Alliani	JR	Arrovo Grande HS	27.09
10	Natalie Barahona	FR	Paso Robles HS	27.17
11	Nadine Reed	SR	Arrovo Grande HS	27.36
12	Josephine Graeber	FR	Arrovo Grande HS	27.44
13	Summer Soriano	SO	Arrovo Grande HS	27.54
14	Jade Bewlev	JR	Arrovo Grande HS	28.02
15	Tori Valdez	SO	Pioneer Vallev HS	28.11
15	VanLisa Phung	FR	Arrovo Grande HS	28.11
17	Michaela Green	SO	St. Joseph HS SM	28.12
18	Yasmine Aquino	JR	Pioneer Vallev HS	28.14
19	Mikavla Garcia	SO	Arrovo Grande HS	28.61
20	Alyssa Harris	JR	Paso Robles HS	28.66
21	Chloe Trockman	FR	Atascadero High	28.89
22	Maya Sosa	FR	Atascadero High	28.98
23	Leann Barber	JR	Pioneer Vallev HS	29.16
24	Ellie Hollingshead	JR	Righetti High School	29.71
25	Elizabeth Toral	JR	Atascadero High	29.74
26	Christine Harrison	JR	Atascadero High	30.01
27	Laura Greene	SR	Arrovo Grande HS	30.51
28	Hannah Minardi	JR	Arrovo Grande HS	30.68
29	Maria Escamilla	JR	Paso Robles HS	30.93
30	Asia Stireman	SR	San Luis Obispo High	30.95
31	Victoria Marette	SO	Arrovo Grande HS	31.41
32	Barbara Walrod	JR	Paso Robles HS	31.63
33	Ciara Smith	JR	Pioneer Vallev HS	33.59

2013 PAC 7 T&F CHAMPIONSHIPS

Host: AG , Venue: Atascadero HS

4/26/13 - 5/2/13

2 alternate qualifiers will show

34	Viviana Vega	SR Pioneer Vallej HS		34.17
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Event # 32 BOYS Varsity 200m Dash

9 Qualify Top 1 + times

MEET RECORD: Joe Cozby AG 21.90 2006

RESULTS OF FINALS

1	Robert Hixson	SR Atascadero High	+2.0m/s	22.57
2	Hans Koellnberger	JR Righetti High School	+2.0m/s	22.71
3	Matthew Mihelic	JR Paso Robles HS	+2.0m/s	23.10
4	Cole Bradlev	JR San Luis Obispo High	+2.0m/s	23.15
5	Nate Greenelsh	SO San Luis Obispo High	+2.0m/s	23.23
6	Dean Ando	SR Pioneer Vallej HS	+2.0m/s	23.34
7	Ravmond Smith	SO San Luis Obispo High	+2.0m/s	23.36
8	Michael Jordano	JR Arroyo Grande HS	+2.0m/s	23.49
9	Eli Malfo	JR St. Joseph HS SM	+2.0m/s	23.92

RESULTS OF PRELIMS

1	Robert Hixson	SR Atascadero High		22.57
2	Hans Koellnberger	JR Righetti High School		22.81
3	Ravmond Smith	SO San Luis Obispo High		22.92
4	Matthew Mihelic	JR Paso Robles HS		23.12
5	Eli Malfo	JR St. Joseph HS SM		23.16
6	Cole Bradlev	JR San Luis Obispo High		23.19
7	Dean Ando	SR Pioneer Vallej HS		23.27
8	Nate Greenelsh	SO San Luis Obispo High		23.52
9	Sean St. Denis	JR Arroyo Grande HS		23.62
10	Michael Jordano	JR Arroyo Grande HS		23.65
11	Blake Maule	SR Arroyo Grande HS		23.91
12	Joseph Gonzalez	SR Arroyo Grande HS		24.28
13	Jon Barrios	JR Paso Robles HS		24.35
14	Luke Sherrill	SO Atascadero High		24.56
15	Gabriel Mondragon	JR Paso Robles HS		24.60
16	Michael Mannon	SR Atascadero High		24.65
17	Logan Minnoch	JR Righetti High School		24.68
18	Logan Handlev	JR Atascadero High		24.88
19	Josh Ng	SR Righetti High School		24.98
20	Cristian Rangel	SR Atascadero High		25.19
21	Ben Jones	SO St. Joseph HS SM		25.50
22	Taylor Metzger-Jones	JR Atascadero High		25.51
22	Jake Trout	JR Paso Robles HS		25.51
24	Cian Fernandez	SO San Luis Obispo High		25.91
25	Marcellous Bass	JR Paso Robles HS		25.96
26	Zac Wilson	JR San Luis Obispo High		26.24
27	Charlie Spratt	JR San Luis Obispo High		26.31
28	Dylan Smith	SO San Luis Obispo High		27.35
29	Jason Safaverdi	JR San Luis Obispo High		27.66

Event # 33 GIRLS Frosh-Soph 3200m Run

MEET RECORD: Angela Sandoval PASO :12:31.59 2011

1	Amanda Schultz	FR Paso Robles HS		12:12.47#
2	VanEszta Stanlev	SO Paso Robles HS		12:46.33
3	Malea Martin	SO San Luis Obispo High		12:53.51
4	Claire Farrell	SO Paso Robles HS		13:00.23
5	Mari Perez	FR Righetti High School		13:04.39
6	Neida Bernal	FR Righetti High School		13:12.33
7	Bailev Durnin	FR St. Joseph HS SM		13:14.83
8	Summer Rutherford	SO Atascadero High		13:23.19

2013 PAC 7 T&F CHAMPIONSHIPS**Host: AG , Venue: Atascadero HS**

4/26/13 - 5/2/13

2 alternate qualifiers will show

9	Jenny Grady	FR	San Luis Obispo High	13:23.22
10	Jenna Winslow	SO	Atascadero High	13:34.69
11	Camille Franco	SO	Atascadero High	13:35.42
12	Alexis Samaniego	FR	Paso Robles HS	13:39.95
13	Luzmila Halas-Donnelly	FR	Paso Robles HS	13:53.22
14	Kasev Bauer	SO	San Luis Obispo High	14:05.79
15	Sarah Pihl	SO	San Luis Obispo High	14:28.01
16	Alv Kilcrease	SO	Paso Robles HS	14:29.55
17	Tessa Kelsev	FR	Atascadero High	14:52.12
18	Andrea Frausto	FR	Pioneer Vallev HS	14:55.54
19	Katie Rennie	SO	Atascadero High	17:17.61

Event # 34 BOYS Frosh-Soph 3200m Run

MEET RECORD:John Miles AG :10:15.88 2012

1	Zach Chamberlain	SO	Paso Robles HS	10:05.22 #
2	Gannon Chamberlain	FR	Paso Robles HS	10:43.69
3	Derek Martino	FR	St. Joseph HS SM	10:50.60
4	Daniel Tull	SO	Atascadero High	10:58.19
5	Berclvn Vincente	SO	Paso Robles HS	10:59.81
6	Tvler Eigenhuis	SO	Atascadero High	11:00.76
7	Aramis Knox	SO	San Luis Obispo High	11:08.67
8	Kvlen Fleishman	SO	Atascadero High	11:14.84
9	Jake Tavior	SO	Paso Robles HS	11:21.45
10	Tavior Bedrosian	FR	Paso Robles HS	11:22.45
11	Zack Pincin	FR	Righetti High School	11:38.94
12	Kieran Bolger	SO	San Luis Obispo High	11:39.82
13	Damon Toste	FR	Atascadero High	11:41.73
14	Felipe Deiesus	FR	Atascadero High	11:42.50
15	Vincent Moreno	SO	Atascadero High	11:57.90
16	Brendan McNichols	SO	San Luis Obispo High	12:03.44
17	Kevin Ohm	SO	Paso Robles HS	12:34.10
18	Jeremv Grigsbv	SO	Atascadero High	12:54.60

Event # 35 GIRLS Varsity 3200m Run

MEET RECORD:Christine Hoffman SLO :10:59.10 2012

1	Ashlev Davis	FR	Paso Robles HS	11:22.67
2	Leah Rife Dupuv	SR	Arrovo Grande HS	11:30.48
3	Olivia Carmo	SR	San Luis Obispo High	11:32.94
4	Kiana Kawatachi	FR	St. Joseph HS SM	11:34.26
5	Jocelvn Revnolds	SO	Arrovo Grande HS	11:51.88
6	Angela Gemianani	FR	Arrovo Grande HS	12:14.66
7	Beth Rigali	JR	St. Joseph HS SM	12:20.47
8	Laura Greene	SR	Arrovo Grande HS	12:27.82
9	Joceline Ortiz	JR	Pioneer Vallev HS	12:35.65
10	Brianna Murphv	JR	St. Joseph HS SM	13:05.06
11	Jillian McLenithan	SR	Atascadero High	13:12.91
12	Brvnn Frace	JR	Atascadero High	13:37.13
13	Laura Cassera	JR	Atascadero High	16:01.16

Event # 36 BOYS Varsity 3200m Run

MEET RECORD:Brian Medigovich SLO 9:33.02 2005

1	Matthew Kwiatkowski	SR	Paso Robles HS	9:37.09
2	Jeremv Costello	JR	San Luis Obispo High	9:40.59
3	William Ernst	SO	San Luis Obispo High	9:43.89
4	Josh Ernst	SR	San Luis Obispo High	9:45.33

2013 PAC 7 T&F CHAMPIONSHIPS**Host: AG , Venue: Atascadero HS**

4/26/13 - 5/2/13

2 alternate qualifiers will show

5	Ethan Serpa	JR	Paso Robles HS	9:50.88
6	Aidan Farrell	SR	Paso Robles HS	9:54.48
7	John Miles	JR	Arrovo Grande HS	9:55.39
8	Conor McNamara	SR	Righetti High School	10:05.07
9	Jonathan Corlev	SR	Arrovo Grande HS	10:06.17
10	Pablo Nicasio	SR	Righetti High School	10:06.82
11	Orbanol Perez	JR	Righetti High School	10:08.93
12	Noah Yoshida	SR	Paso Robles HS	10:13.84
13	Joev Rodgers	SO	Arrovo Grande HS	10:18.82
14	Trevor Cowan	SR	Arrovo Grande HS	10:23.34
15	Jose Lopez	SR	Paso Robles HS	10:33.20
16	David White	JR	San Luis Obispo High	10:38.19
17	Ulises Rincon	JR	Pioneer Vallev HS	11:04.14
18	Casev MacK	SR	Arrovo Grande HS	11:07.84
19	Eduardo Cortes	SR	Pioneer Vallev HS	11:19.12
20	Austin Liddicoat	SR	San Luis Obispo High	11:45.62

Event # 37 GIRLS Frosh-Soph 4x400m Relay

MEET RECORD: AG 4:17.37 2007

1	Atascadero High A	Atascadero High	4:22.79
2	Paso Robles HS A	Paso Robles HS	4:28.69
3	Arrovo Grande HS A	Arrovo Grande HS	4:35.78
4	San Luis Obispo High A	San Luis Obispo High	4:36.35
5	Pioneer Vallev HS A	Pioneer Vallev HS	4:53.00

Event # 38 BOYS Frosh-Soph 4x400m Relay

MEET RECORD: PASO 3:38.13 2011

1	Paso Robles HS A	Paso Robles HS	3:42.68
2	Pioneer Vallev HS A	Pioneer Vallev HS	3:44.05
3	Arrovo Grande HS A	Arrovo Grande HS	3:47.95
4	Righetti High School A	Righetti High School	3:49.36
5	Atascadero High A	Atascadero High	3:49.91
6	San Luis Obispo High A	San Luis Obispo High	3:52.68

Event # 39 GIRLS Varsity 4x400m Relay

MEET RECORD: SLO 4:00.51 2009

1	Arrovo Grande HS A	Arrovo Grande HS	4:00.80
2	Atascadero High A	Atascadero High	4:01.00
3	San Luis Obispo High A	San Luis Obispo High	4:09.82
4	Paso Robles HS A	Paso Robles HS	4:16.85
5	Pioneer Vallev HS A	Pioneer Vallev HS	4:24.70
6	St. Joseph HS SM A	St. Joseph HS SM	4:27.09

Event # 40 BOYS Varsity 4x400m Relay

MEET RECORD: AG 3:24.02 2010

1	Atascadero High A	Atascadero High	3:26.59
2	San Luis Obispo High A	San Luis Obispo High	3:28.06
3	Paso Robles HS A	Paso Robles HS	3:29.60
4	Arrovo Grande HS A	Arrovo Grande HS	3:29.89
5	Pioneer Vallev HS A	Pioneer Vallev HS	3:32.43
6	St. Joseph HS SM A	St. Joseph HS SM	3:32.88

2013 PAC 7 T&F CHAMPIONSHIPS

Host: AG , Venue: Atascadero HS

4/26/13 - 5/2/13

2 alternate qualifiers will show

Event # 41 GIRLS Frosh-Soph High Jump

#MEET RECORD:S.Roxy Harman NIP/AG 4'10.00" 09/10

1	Gwen Lundv	FR	Paso Robles HS	4'04.00"
2	Rebekah Dalebout	SO	Arrovo Grande HS	4'04.00"
3	Brieid Rigali	SO	St. Joseph HS SM	4'02.00"
3	Melissa Mannon	SO	Atascadero High	4'02.00"
3	Alvssa Oh	SO	Righetti High School	4'02.00"
6	Hannah Katches	FR	Paso Robles HS	4'02.00"
7	Bailev Maher	SO	San Luis Obispo High	4'00.00"
8	Nicole Ragan	SO	Atascadero High	4'00.00"

Event # 42 BOYS Frosh-Soph High Jump

MEET RECORD:Spencer Lemons SLO 6'02.00" 2009

1	Trevor Knuckles	SO	Atascadero High	5'06.00"
2	Josh Potter	FR	Paso Robles HS	5'06.00"
3	Sam Nevosh	FR	Paso Robles HS	5'04.00"
4	Peter Delkeskamp	SO	San Luis Obispo High	5'02.00"
5	Dalton Alexander	SO	Righetti High School	5'00.00"
6	Charlie Ferini	SO	St. Joseph HS SM	5'00.00"
6	David Torres	SO	Pioneer Vallev HS	5'00.00"
8	Luis Sanchez	SO	Pioneer Vallev HS	5'00.00"
9	Anthonv Estrada	FR	Pioneer Vallev HS	5'00.00"
10	Jacob Jones	SO	Paso Robles HS	4'10.00"
	Manual Bustamonte	FR	Pioneer Vallev HS	NM
	Cristian Escobar	FR	Pioneer Vallev HS	NM

Event # 43 GIRLS Varsity High Jump

MEET RECORD:Liz Cunningham AG 5'06.25" 2004

1	Alexandra Mero	SR	Arrovo Grande HS	5'05.00"
2	Alexandria Dallev	SR	San Luis Obispo High	5'02.00"
3	Jamie Walsh	SO	Arrovo Grande HS	5'00.00"
4	Cece Devanev	FR	San Luis Obispo High	5'00.00"
5	Savannah McCarthv	SR	Atascadero High	4'10.00"
6	Tehva Widmann	SO	San Luis Obispo High	4'08.00"
7	Michaela Green	SO	St. Joseph HS SM	4'08.00"
7	Megan Murðhv	JR	St. Joseph HS SM	4'08.00"
7	Ashlvn Herlihv	FR	Arrovo Grande HS	4'08.00"
10	Kailev Warren	JR	Paso Robles HS	4'08.00"
11	Michelle Grahame	JR	St. Joseph HS SM	4'06.00"
11	Sadie Winninghoff	JR	San Luis Obispo High	4'06.00"
13	Kavla Brunner	SR	Pioneer Vallev HS	4'04.00"
14	Bridget Van Beek	JR	Atascadero High	4'02.00"
14	Kelsev Robertson	JR	Righetti High School	4'02.00"
	Mava Sosa	FR	Atascadero High	NM

Event # 44 BOYS Varsity High Jump

MEET RECORD:Jackson Zimmerman AG 6'05.50" 2012

1	Brent Dionisio	JR	Pioneer Vallev HS	6'08.00" #
2	Matt Willkomm	SR	Arrovo Grande HS	6'00.00"
2	Desean Scott	SR	Arrovo Grande HS	6'00.00"
4	Michael Jordano	JR	Arrovo Grande HS	6'00.00"
5	Nate Greenelsh	SO	San Luis Obispo High	5'08.00"
6	Dustin McDonald	JR	Righetti High School	5'08.00"

2013 PAC 7 T&F CHAMPIONSHIPS

Host: AG , Venue: Atascadero HS

4/26/13 - 5/2/13

2 alternate qualifiers will show

7	Micahal Tarwater	SR	Paso Robles HS	5'08.00"
8	Joel Bishop	FR	Arrovo Grande HS	5'06.00"
9	Kwab Farkve	SR	San Luis Obispo High	5'06.00"
	Cristian Rangel	SR	Atascadero High	NM
	Colin Nuworsoo	JR	Paso Robles HS	NM
	Zac Wilson	JR	San Luis Obispo High	NM
	Cameron Walker	SO	Righetti High School	NM
	Dane Lemons	JR	San Luis Obispo High	NM

Event # 45 GIRLS Frosh-Soph Pole Vault

#MEET RECORD:A.Marie Aguinaldo ATA/SJ 8'06.00" 03/12

1	Mailei Gruver	SO	St. Joseph HS SM	7'00.00"
2	Aileen Garcia	FR	Righetti High School	6'00.00"
3	Mva Paredes Romero	FR	San Luis Obispo High	6'00.00"
4	Olivia Venzel	FR	St. Joseph HS SM	5'06.00"

Event # 46 BOYS Frosh-Soph Pole Vault

MEET RECORD:Matthew Dutton PASO 12'02.00" 2012

1	Josh McEwen	SO	Atascadero High	11'06.00"
2	Nester Vasquez	FR	Arrovo Grande HS	11'00.00"
3	Dalton Alexander	SO	Righetti High School	10'06.00"
4	Kurt Gabriel	SO	Righetti High School	10'00.00"
5	Jackson Martin	FR	San Luis Obispo High	9'06.00"
6	Jacob Jones	SO	Paso Robles HS	9'06.00"
7	Jacob Pincin	FR	Righetti High School	9'06.00"
7	Isaac Adelman	FR	Arrovo Grande HS	9'06.00"

Event # 47 GIRLS Varsity Pole Vault

MEET RECORD:Elena Clark SLO 12'08.00" 03/10

1	Anna Zhang	SR	Arrovo Grande HS	10'00.00"
2	Madeline Keefer	SR	Atascadero High	9'06.00"
3	Jackie Wulff	SR	Atascadero High	9'00.00"
4	Marie Aguinaldo	JR	St. Joseph HS SM	9'00.00"
4	Maddie Berrv	JR	Paso Robles HS	9'00.00"
6	Marga Selzer	FR	Arrovo Grande HS	9'00.00"
7	Summer Phillins	JR	Paso Robles HS	8'00.00"
8	Kelsev Hitchen	SR	Arrovo Grande HS	8'00.00"
9	Emilv Stednitz	SR	Arrovo Grande HS	8'00.00"
10	Megan Murphv	JR	St. Joseph HS SM	7'06.00"
11	Rebecca Souza	FR	St. Joseph HS SM	6'00.00"

Event # 48 BOYS Varsity Pole Vault

MEET RECORD:Connor Hall SLO 16'00.00" 2012

1	Connor Hall	SR	San Luis Obispo High	15'06.00"
2	Joey Reeves	SR	Arrovo Grande HS	15'06.00"
3	Joseph Castellanos	JR	St. Joseph HS SM	14'02.00"
4	Cian Fernandez	SO	San Luis Obispo High	13'00.00"
5	Michael Mannon	SR	Atascadero High	13'00.00"
6	Joaquin Castellanos	JR	St. Joseph HS SM	13'00.00"
7	James Jarvis	SR	Arrovo Grande HS	13'00.00"
8	Javier Jimenez	SR	Paso Robles HS	12'06.00"
9	Ben Jones	SO	St. Joseph HS SM	12'06.00"
10	Taylor Metzger-Jones	JR	Atascadero High	12'00.00"
11	Dylan Smith	SO	San Luis Obispo High	12'00.00"

2013 PAC 7 T&F CHAMPIONSHIPS

Host: AG , Venue: Atascadero HS

4/26/13 - 5/2/13

2 alternate qualifiers will show

12	Drew Johnson	SR	Pioneer Vallev HS	11'04.00"
13	Micahal Tarwater	SR	Paso Robles HS	11'04.00"
14	Anthony Cecchi	JR	Arrovo Grande HS	11'04.00"
15	Khalil Mondul	SR	Righetti High School	11'00.00"
16	Christiaan Jansen Van rensburg	JR	Paso Robles HS	10'00.00"
17	Robert Comstock Iii	JR	Paso Robles HS	9'00.00"
17	Stefano Sasia	JR	St. Joseph HS SM	9'00.00"
	Alex Bolton	JR	St. Joseph HS SM	NM

Event # 49 GIRLS Frosh-Soph Long Jump

MEET RECORD:Ombeline Viry SLO 15'09.50" 2008

1	Kathleen Schwind	SO	Arrovo Grande HS	14'10.75"
2	Diana Grijalva	SO	Paso Robles HS	14'04.75"
3	Brittany Rodriguez	SO	Righetti High School	14'03.25"
4	Tia Jones	SO	Righetti High School	13'11.00"
5	Sydney Knauer	SO	San Luis Obispo High	13'05.00"
6	Crystal Perez	FR	Pioneer Vallev HS	13'03.75"
7	Alexis Cutler	SO	San Luis Obispo High	13'00.50"
7	Diana Cano	SO	Paso Robles HS	13'00.50"
9	Alvssa Oh	SO	Righetti High School	12'10.00"
9	Brenda Castro	SO	Paso Robles HS	12'10.00"
11	Alexandria Ramirez	FR	Atascadero High	12'02.00"
12	Heather Fletcher	FR	Arrovo Grande HS	11'10.25"
13	Angelica Honrada	FR	Pioneer Vallev HS	11'10.00"
14	Viviana Reves	FR	Atascadero High	11'08.75"
15	Jazzmine Dumitrescu	FR	Pioneer Vallev HS	10'08.25"
16	Erin VanMiddlesworth	FR	Arrovo Grande HS	10'00.00"
17	Kassandra Pacheco	FR	Paso Robles HS	9'11.75"

Event # 50 BOYS Frosh-Soph Long Jump

MEET RECORD:Spencer Lemons SLO 21'02.00" 2009

1	Robert Sarellano	SO	Pioneer Vallev HS	19'05.00"
2	Isaiah Hughes	FR	Arrovo Grande HS	18'11.00"
3	Kashawn Mance	FR	Righetti High School	18'04.25"
4	Cedric Bermudez	FR	San Luis Obispo High	18'04.25"
5	Geo Abuan	FR	Arrovo Grande HS	17'11.50"
6	Jose Gutierrez	SO	Pioneer Vallev HS	17'08.75"
7	Corv Holt	SO	San Luis Obispo High	17'07.75"
8	Dalton Alexander	SO	Righetti High School	17'00.00"
9	Cedric Pullen	FR	Pioneer Vallev HS	16'09.75"
10	Terrv Wolf	FR	Atascadero High	16'06.75"
10	Luis Sanchez	SO	Pioneer Vallev HS	16'06.75"
12	Anthony Quintero	SO	Atascadero High	16'06.25"
13	Jonathan Mercado	SO	Paso Robles HS	15'09.75"
14	Anthony Gonzalez	FR	Paso Robles HS	15'07.00"
15	Charlie Ferini	SO	St. Joseph HS SM	15'06.75"
16	David Torres	SO	Pioneer Vallev HS	15'03.75"
17	Jamison Murray	FR	Paso Robles HS	15'00.00"
18	Daniel Madrigal	SO	Pioneer Vallev HS	14'06.50"
19	Michael Grasseschi	SO	San Luis Obispo High	14'06.00"
20	Harrison Bavne	SO	San Luis Obispo High	13'11.50"

Event # 51 GIRLS Varsity Long Jump

MEET RECORD:Abrianna Torres SLO 18'10.75" 2010

1	Ariel Becker	SR	San Luis Obispo High	18'03.00"
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2013 PAC 7 T&F CHAMPIONSHIPS**Host: AG , Venue: Atascadero HS**

4/26/13 - 5/2/13

2 alternate qualifiers will show

2	Josephine Graeber	FR	Arrovo Grande HS	17'10.25"
3	Alexandria Dallev	SR	San Luis Obispo High	17'08.75"
4	Kelsev Harner	JR	San Luis Obispo High	17'05.50"
5	Alexandra Mero	SR	Arrovo Grande HS	16'10.75"
6	Sadie Winninghoff	JR	San Luis Obispo High	16'10.75"
7	Carina Avila	SO	Arrovo Grande HS	15'09.50"
8	Elle Bernal	SR	Paso Robles HS	15'08.50"
9	Elizabeth Willev	FR	San Luis Obispo High	15'07.50"
10	Grace Torres	JR	San Luis Obispo High	15'04.00"
11	Mikavla Garcia	SO	Arrovo Grande HS	14'10.50"
12	Michelle Pridgeon	JR	Paso Robles HS	14'09.50"
13	Ashlyn Herlihv	FR	Arrovo Grande HS	14'08.50"
14	VanLisa Phung	FR	Arrovo Grande HS	14'06.00"
14	Jamiebel Angkahan	SR	Pioneer Vallev HS	14'06.00"
16	Bethanv Smith	SO	St. Joseph HS SM	13'07.00"
17	Savanna Sustaita	JR	Pioneer Vallev HS	13'05.50"
18	Katherine Urbina	JR	Pioneer Vallev HS	12'11.50"
19	Rebecca Souza	FR	St. Joseph HS SM	12'10.00"
19	Kelsev Robertson	JR	Righetti High School	12'10.00"
21	Christine Harrison	JR	Atascadero High	12'06.00"
22	Svenna Ramirez	SO	St. Joseph HS SM	12'04.00"
23	Elizabeth Toral	JR	Atascadero High	11'11.00"
24	Ciara Smith	JR	Pioneer Vallev HS	10'03.00"
25	Viviana Vega	SR	Pioneer Vallev HS	9'01.00"

Event # 52 BOYS Varsity Long Jump

MEET RECORD:DeAngelo Waller AG 22'06.00" 2006

1	Roddrick Pullen	SR	Pioneer Vallev HS	21'00.25"
2	Chris Toh	SR	San Luis Obispo High	20'10.50"
3	Eric Grant	SR	Righetti High School	20'07.25"
4	Brent Dionisio	JR	Pioneer Vallev HS	20'05.75"
5	Dominic Chance	SR	Atascadero High	19'07.00"
6	Desean Scott	SR	Arrovo Grande HS	19'03.50"
7	Michael Jordano	JR	Arrovo Grande HS	18'10.75"
8	Jordan Harrigan	SO	Arrovo Grande HS	18'08.50"
9	Andrew Toh	FR	San Luis Obispo High	18'07.50"
10	Dane Lemons	JR	San Luis Obispo High	18'03.50"
11	Dustin McDonald	JR	Righetti High School	18'01.50"
12	Jon Barrios	JR	Paso Robles HS	18'00.25"
13	Junior Alvarado	JR	Pioneer Vallev HS	17'10.75"
14	Gar Hartman	SR	Paso Robles HS	17'09.00"
15	Tv Cooper	JR	San Luis Obispo High	17'06.00"
16	Gabriel Mondragon	JR	Paso Robles HS	17'03.25"
17	Cooper Kuhnle	SO	Atascadero High	16'11.00"
18	Hunter Andrade	JR	Atascadero High	16'07.50"
19	Alex Contreras	SR	Pioneer Vallev HS	16'06.50"
20	Jake Trout	JR	Paso Robles HS	16'05.75"
21	Cristian Rangel	SR	Atascadero High	16'02.00"
22	Marcellous Bass	JR	Paso Robles HS	16'01.25"
23	Jose Gonzalez	JR	Pioneer Vallev HS	16'00.00"
24	Tristen Luna	JR	Pioneer Vallev HS	15'10.75"
25	Logan Handlev	JR	Atascadero High	14'11.50"
26	Luke Sherrill	SO	Atascadero High	14'09.00"
26	Taiki Kivokawa	SR	Paso Robles HS	14'09.00"
28	Daniel Hipp	SR	Paso Robles HS	14'05.50"
29	Joe Cathcart	SR	St. Joseph HS SM	11'09.50"
30	Jim Eligino	SR	Pioneer Vallev HS	10'10.00"

2013 PAC 7 T&F CHAMPIONSHIPS

Host: AG , Venue: Atascadero HS

4/26/13 - 5/2/13

2 alternate qualifiers will show

Cameron Andrews	SR Paso Robles HS	NM
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Event # 53 GIRLS Frosh-Soph Triple Jump

MEET RECORD:Ombeline Viry SLO 36'01.00" 2008

1	Milan Bass	SO Paso Robles HS	33'02.50"
2	Kathleen Schwind	SO Arroyo Grande HS	31'01.25"
3	Olivia Galindo	SO Arroyo Grande HS	30'07.00"
4	Mellanv Cunningham	SO Righetti High School	27'11.25"
5	Alvssa Oh	SO Righetti High School	27'07.75"
6	Rebekah Dalebout	SO Arroyo Grande HS	27'06.75"
7	Heather Fletcher	FR Arroyo Grande HS	26'11.00"
8	Brenda Castro	SO Paso Robles HS	26'10.75"
9	Diana Cano	SO Paso Robles HS	26'05.25"
10	Bailev Maher	SO San Luis Obispo High	25'03.25"
11	Jazzmine Dumitrescu	FR Pioneer Vallev HS	25'00.75"
12	Angelica Honrada	FR Pioneer Vallev HS	25'00.00"
13	Alexis Cutler	SO San Luis Obispo High	23'00.25"

Event # 54 BOYS Frosh-Soph Triple Jump

MEET RECORD:Spencer Lemons SLO 41'04.50" 2009

1	Robert Sarellano	SO Pioneer Vallev HS	39'09.00"
2	Isaiah Hughes	FR Arroyo Grande HS	38'09.75"
3	Josh Lambert	FR Atascadero High	36'01.75"
4	Jason Germain	SO Paso Robles HS	35'05.75"
5	Jonathan Mercado	SO Paso Robles HS	35'01.25"
6	Anthonv Ouintero	SO Atascadero High	34'10.00"
7	Geo Abuan	FR Arroyo Grande HS	34'08.00"
8	Mark Meninger	SO Arroyo Grande HS	32'08.75"
9	Anthonv Gonzalez	FR Paso Robles HS	32'07.25"
10	Charlie Ferini	SO St. Joseph HS SM	32'04.75"
11	Jamison Murray	FR Paso Robles HS	31'02.00"
12	Daniel Madrigal	SO Pioneer Vallev HS	31'01.75"
13	Luis Sanchez	SO Pioneer Vallev HS	31'00.25"
14	David Torres	SO Pioneer Vallev HS	30'08.50"
15	Harrison Bavne	SO San Luis Obispo High	26'07.25"

Event # 55 GIRLS Varsity Triple Jump

MEET RECORD:Abrianna Torres SLO 38'03.50" 2011

1	Alexandria Dallev	SR San Luis Obispo High	35'05.50"
2	Kelsev Harber	JR San Luis Obispo High	35'05.25"
3	Grace Torres	JR San Luis Obispo High	35'04.00"
4	Alexandra Mero	SR Arroyo Grande HS	34'10.75"
5	Josephine Graeber	FR Arroyo Grande HS	34'01.50"
6	Michelle Pridgeon	JR Paso Robles HS	33'03.25"
7	Elizabeth Willev	FR San Luis Obispo High	32'04.50"
8	Mikavla Garcia	SO Arroyo Grande HS	32'02.00"
9	Carina Avila	SO Arroyo Grande HS	31'07.75"
10	Michelle Grahame	JR St. Joseph HS SM	31'07.00"
11	Elle Bernal	SR Paso Robles HS	30'11.25"
12	Kaileen Cruden	JR St. Joseph HS SM	30'07.50"
13	Bethanv Smith	SO St. Joseph HS SM	30'03.75"
14	Jamiebel Angkahan	SR Pioneer Vallev HS	29'10.75"
15	Ashlvn Herlihv	FR Arroyo Grande HS	28'09.00"
16	Socorro Orozco	JR St. Joseph HS SM	28'07.50"
17	Kelsev Robertson	JR Righetti High School	28'05.75"

2013 PAC 7 T&F CHAMPIONSHIPS

Host: AG , Venue: Atascadero HS

4/26/13 - 5/2/13

2 alternate qualifiers will show

18	Christine Harrison	JR Atascadero High	26'05.25"
19	Elizabeth Toral	JR Atascadero High	24'10.00"

Event # 56 BOYS Varsity Triple Jump

MEET RECORD:Akeem King NIP 44'02.00" 2009

1	Chris Toh	SR San Luis Obispo High	41'05.75"
2	Brent Dionisio	JR Pioneer Vallev HS	41'02.75"
3	Cameron Andrews	SR Paso Robles HS	40'04.50"
4	Cooper Kuhnle	SO Atascadero High	39'11.00"
5	Matt Willkomm	SR Arroyo Grande HS	39'08.00"
6	Andrew Hawkes	JR St. Joseph HS SM	39'06.50"
7	Gar Hartman	SR Paso Robles HS	39'03.50"
8	Joey Reeves	SR Arroyo Grande HS	38'09.75"
9	Dustin McDonald	JR Righetti High School	38'03.50"
10	Ali Munoz	SR Pioneer Vallev HS	37'11.25"
11	Roddrick Pullen	SR Pioneer Vallev HS	37'07.50"
12	Kwab Farkve	SR San Luis Obispo High	37'01.75"
13	Jon Barrios	JR Paso Robles HS	36'09.25"
14	Scottv Maher	JR San Luis Obispo High	36'06.50"
15	Jake Trout	JR Paso Robles HS	35'09.00"
16	Stefano Sasia	JR St. Joseph HS SM	34'10.25"
17	Dane Lemons	JR San Luis Obispo High	34'09.00"
18	Hunter Andrade	JR Atascadero High	34'01.25"
19	Logan Handlev	JR Atascadero High	33'06.50"
20	Daniel Hibb	SR Paso Robles HS	32'02.25"
	Joe Cathcart	SR St. Joseph HS SM	NM

Event # 57 GIRLS Frosh-Soph Discus Throw

MEET RECORD:Angela Forest AG 109'04.00" 2005

1	Kristen Thompson	FR Paso Robles HS	104'08.00"
2	Kailvn Pope	SO Arroyo Grande HS	93'07.00"
3	Brianna Villanueva	FR Atascadero High	89'02.00"
4	Cecilia Pineda	SO Paso Robles HS	87'06.00"
5	Darcy Hummell	FR San Luis Obispo High	79'09.00"
6	Mia Abram	SO San Luis Obispo High	79'00.00"
7	Beverly Lincoln	FR San Luis Obispo High	74'06.00"
8	Raelvn McPhetridge	FR Paso Robles HS	73'05.00"
9	Millicent Angulo	SO Righetti High School	73'02.00"
10	Lauren Griffin	FR Paso Robles HS	71'01.00"
11	Chloe Walter	SO Paso Robles HS	66'06.00"
12	Veronica Ochoa	FR St. Joseph HS SM	66'05.00"
13	Chyan Marks	SO Righetti High School	66'04.00"
14	Shannon McAuliff	FR St. Joseph HS SM	65'10.00"
15	Victoria Tonascia	SO Righetti High School	65'05.00"
16	Allv Grierson	FR San Luis Obispo High	61'06.00"
17	Stephanie Arredondo	FR Pioneer Vallev HS	60'11.00"
18	Kasev Priest	FR Atascadero High	59'10.00"
19	Victoria Humphrev	FR San Luis Obispo High	58'03.00"
20	Porsha Jones	FR Pioneer Vallev HS	57'10.00"
21	Alexis Cutler	SO San Luis Obispo High	52'11.00"
22	Mariikah MacHado	FR Atascadero High	49'05.00"
23	Emilv Nichols	FR Paso Robles HS	42'05.00"
24	Pam Chang	FR San Luis Obispo High	40'00.00"
24	Jessica Bautista	FR Pioneer Vallev HS	40'00.00"
	Michelle McPherson	FR Paso Robles HS	NM
	MacKenzie Braeg	SO Paso Robles HS	NM

2013 PAC 7 T&F CHAMPIONSHIPS

Host: AG , Venue: Atascadero HS

4/26/13 - 5/2/13

2 alternate qualifiers will show

Leah Heidler	FR	San Luis Obispo High	NM
Jana Rivera	FR	Arrovo Grande HS	NM
Amber Halvarson	SR	Arrovo Grande HS	NM

Event # 58 BOYS Frosh-Soph Discus Throw

MEET RECORD: Kyle Pollock AG 141'09.00" 2003

1	Gunnar Griffin	SO	Paso Robles HS	122'03.00"
2	Daniel Shiraishi	FR	Arrovo Grande HS	121'03.00"
3	Tvler West	SO	Atascadero High	117'07.00"
4	Manuel Mendez	SO	Paso Robles HS	116'02.00"
5	Brandon Delong	FR	Arrovo Grande HS	111'07.00"
6	Shawn Barca	SO	St. Joseph HS SM	106'04.00"
7	Michael Horne	SO	Paso Robles HS	105'10.00"
8	Jacob Yoder	SO	San Luis Obispo High	100'10.00"
9	Evan Stork	FR	San Luis Obispo High	99'03.00"
10	Xavier Perry	FR	Atascadero High	97'04.00"
11	Ivan Cobarrubias	SO	San Luis Obispo High	95'11.00"
12	Vincent McGranahan	FR	Paso Robles HS	94'09.00"
13	Brett Park	SO	San Luis Obispo High	94'00.00"
13	Issac Rodriguez	FR	Pioneer Vallev HS	94'00.00"
15	Peter Ybarra	FR	Pioneer Vallev HS	90'02.00"
16	Daniel Taborski	SO	Paso Robles HS	90'00.00"
17	Slade Hooper	SO	St. Joseph HS SM	89'05.00"
18	Blake Irvsh	FR	Paso Robles HS	88'05.00"
19	Jake Miller	SO	Arrovo Grande HS	86'01.00"
20	Teddy Rose	FR	Atascadero High	85'06.00"
21	Sam Christ	FR	Paso Robles HS	85'01.00"
22	Jake Kersev	SO	St. Joseph HS SM	83'04.00"
23	Jack Kellerman	SO	Atascadero High	82'04.00"
24	Ryan Brown	FR	Arrovo Grande HS	82'00.00"
25	Sam Hatchard	SO	San Luis Obispo High	81'09.00"
26	Riccardo Alonzo	FR	Pioneer Vallev HS	80'08.00"
27	Taylor Rudd	FR	Righetti High School	80'07.00"
27	Christian Avala	FR	Pioneer Vallev HS	80'07.00"
29	Creston Cooper	FR	Atascadero High	77'04.00"
30	Eduardo Hernandez	SO	San Luis Obispo High	76'07.00"
31	Nathan Hall	FR	Arrovo Grande HS	76'04.00"
32	Miguel Iniguez	FR	Pioneer Vallev HS	75'01.00"
33	Conner Allen	FR	San Luis Obispo High	74'11.00"
34	Dvriecce Tell	SO	Pioneer Vallev HS	74'10.00"
35	Anthony Romero	FR	Paso Robles HS	73'10.00"
36	Avery Ferguson	SO	San Luis Obispo High	72'09.00"
37	Vincent Reves	FR	Pioneer Vallev HS	71'05.00"
38	Daniel Perez	FR	Pioneer Vallev HS	70'00.00"
39	Dakota Rvan	FR	Paso Robles HS	68'08.00"
40	Daniel Nava	SO	Pioneer Vallev HS	68'07.00"
41	Jarod Vasquez	FR	Arrovo Grande HS	64'02.00"
42	Joe Bravo	SO	San Luis Obispo High	63'10.00"
43	Tony Jimenez	FR	Paso Robles HS	61'00.00"
	John O Roberts	SO	San Luis Obispo High	NM

Event # 59 GIRLS Varsity Discus Throw

MEET RECORD: Billie Jo Grant AG 169'11.00" 2003

1	Madison Jacobs	SR	Arrovo Grande HS	148'10.00"
2	Hannah Coveland	JR	St. Joseph HS SM	120'07.00"
3	Marv Andino	SR	San Luis Obispo High	116'00.00"

2013 PAC 7 T&F CHAMPIONSHIPS**Host: AG , Venue: Atascadero HS**

4/26/13 - 5/2/13

2 alternate qualifiers will show

4	Angelica Gagliano	SO	Arrovo Grande HS	112'07.00"
5	Devon Beebe	JR	St. Joseph HS SM	110'03.00"
6	Alana Benson	JR	Arrovo Grande HS	107'04.00"
7	Sarah Freeman	SR	Arrovo Grande HS	106'03.00"
8	Sabrina Degnan	SO	Atascadero High	103'04.00"
9	Tori Veglia	JR	St. Joseph HS SM	99'02.00"
10	Brandi Shebard	FR	Arrovo Grande HS	96'01.00"
11	Olivia Musial	SR	Paso Robles HS	93'02.00"
12	Britnev Blackwood	SR	Atascadero High	92'01.00"
13	Katie Rvan	SR	Paso Robles HS	91'05.00"
14	Samantha Henkel	FR	Arrovo Grande HS	88'01.00"
14	Cece Devanev	FR	San Luis Obispo High	88'01.00"
16	Christine Flores	SR	Pioneer Vallev HS	87'08.00"
17	Brooke Dubowsky	JR	St. Joseph HS SM	87'01.00"
18	Jennifer Yuro	SR	Paso Robles HS	87'00.00"
19	Brittany Yuro	SR	Paso Robles HS	84'05.00"
20	Rachel Ionata	JR	Pioneer Vallev HS	83'08.00"
21	Kaitlyn Jarrett	FR	St. Joseph HS SM	82'04.00"
22	Cassidy Baldwin	JR	St. Joseph HS SM	80'00.00"
23	Emilv Knudsen	JR	Paso Robles HS	78'08.00"
24	Julia Hilgenfeld	SR	Pioneer Vallev HS	78'07.00"
25	Julianna Hutchinson	JR	San Luis Obispo High	78'03.00"
26	Shvnia Tell	JR	Pioneer Vallev HS	78'02.00"
27	Kelesv Vaughn	JR	Paso Robles HS	77'02.00"
28	Allison Thatcher	JR	Paso Robles HS	75'10.00"
29	Rachel Holrovd	SR	Atascadero High	74'07.00"
30	Violet Lopez	JR	Paso Robles HS	68'06.00"
31	Marivah Peinado	SR	Pioneer Vallev HS	67'11.00"
32	Andrea Garcia	SR	Righetti High School	65'07.00"
33	Yuri Pineda	JR	Paso Robles HS	62'04.00"
34	Lizbeth Pinon	JR	Pioneer Vallev HS	62'03.00"
35	Lauretta Closser	JR	Paso Robles HS	55'03.00"

Event # 60 BOYS Varsity Discus Throw

MEET RECORD: Danny Rohr AG 195'09.00" 2005

1	Ben Nagengast	SR	Paso Robles HS	156'10.00"
2	Johan Cole	JR	Paso Robles HS	154'01.00"
3	Adam Schwarm	SR	Atascadero High	137'03.00"
4	Jack Ferguson	SR	San Luis Obispo High	137'01.00"
5	Hunter Groeneveld	SR	St. Joseph HS SM	136'11.00"
6	Colby Kerns	SR	Paso Robles HS	133'03.00"
7	Warren Ruth	SR	Paso Robles HS	132'02.00"
8	Jack McGee	JR	Atascadero High	128'02.00"
9	Jon Blount	JR	Righetti High School	126'11.00"
10	Dylan Smith	SO	San Luis Obispo High	126'08.00"
11	Nathan Pino	SO	Arrovo Grande HS	125'09.00"
12	Christian Carter	JR	Pioneer Vallev HS	124'04.00"
13	Tony Toribio	JR	Atascadero High	122'05.00"
14	Dorien Banks	JR	Paso Robles HS	120'00.00"
15	Cody Holloway	SR	Paso Robles HS	118'08.00"
16	Nyle Diaz	FR	Arrovo Grande HS	117'07.00"
17	David Hernandez	JR	Atascadero High	117'02.00"
18	Austen Ratliff	SR	Atascadero High	111'11.00"
19	Thomas Fuentes	SO	Arrovo Grande HS	109'10.00"
20	Andrew Madrigal	JR	Pioneer Vallev HS	108'04.00"
21	Brandon Cutler	JR	San Luis Obispo High	106'04.00"
22	Diego Millan	SR	Pioneer Vallev HS	105'11.00"

2013 PAC 7 T&F CHAMPIONSHIPS**Host: AG , Venue: Atascadero HS**

4/26/13 - 5/2/13

2 alternate qualifiers will show

23	Griffin Langiano	JR	Arrovo Grande HS	103'11.00"
24	Jake Smith	JR	Atascadero High	103'07.00"
25	Christian Cockrell	JR	Arrovo Grande HS	99'08.00"
26	Doug Williams	SR	San Luis Obispo High	98'00.00"
27	Joel Jandle	JR	Atascadero High	97'06.00"
28	David Marter	JR	San Luis Obispo High	93'11.00"
29	Andrew Medrano	JR	Pioneer Vallev HS	93'00.00"
30	Steve Howard	JR	San Luis Obispo High	86'10.00"
31	Graham Yoshida	JR	Paso Robles HS	84'05.00"
32	Christian Cooper	JR	Atascadero High	82'09.00"
33	Micah Hirsch	SR	Atascadero High	80'07.00"
	Connor Hall	SR	San Luis Obispo High	NM
	Diego Peinado	SR	Pioneer Vallev HS	NM
	Thomas Gutierrez	JR	San Luis Obispo High	NM

Event # 61 GIRLS Frosh-Soph Shot Put

MEET RECORD:Angelica Gagliano AG 33'03.00" 2012

1	Kristen Thompson	FR	Paso Robles HS	33'04.00" #
2	Ivee Collins	FR	San Luis Obispo High	30'09.50"
3	Brianna Villanueva	FR	Atascadero High	30'04.50"
4	Jana Rivera	FR	Arrovo Grande HS	30'04.00"
5	Veronica Ochoa	FR	St. Joseph HS SM	30'01.00"
6	Victoria Tonascia	SO	Righetti High School	29'10.50"
7	Shannon McAuliff	FR	St. Joseph HS SM	29'06.00"
8	Cecilia Pineda	SO	Paso Robles HS	29'01.50"
9	Beverly Lincoln	FR	San Luis Obispo High	28'01.75"
10	Ally Grierson	FR	San Luis Obispo High	27'04.00"
11	Kailyn Pope	SO	Arrovo Grande HS	27'01.75"
12	Lauren Griffin	FR	Paso Robles HS	26'00.00"
13	Darcy Hummell	FR	San Luis Obispo High	25'05.00"
14	Raelyn McPhetridge	FR	Paso Robles HS	25'00.00"
15	Porsha Jones	FR	Pioneer Vallev HS	24'03.50"
16	Stephanie Arredondo	FR	Pioneer Vallev HS	24'01.00"
17	Chvan Marks	SO	Righetti High School	23'08.50"
18	Pam Chang	FR	San Luis Obispo High	23'05.50"
19	Chloe Walter	SO	Paso Robles HS	22'09.00"
20	Millicent Angulo	SO	Righetti High School	22'07.00"
21	Michelle McPherson	FR	Paso Robles HS	22'04.50"
22	Leah Heidler	FR	San Luis Obispo High	21'07.00"
23	MacKenzie Bragg	SO	Paso Robles HS	21'04.50"
24	Kasev Priest	FR	Atascadero High	21'02.00"
25	Chloe Castillo	FR	San Luis Obispo High	21'01.50"
26	Mariikah MacHado	FR	Atascadero High	20'03.50"
27	Jessica Bautista	FR	Pioneer Vallev HS	18'00.00"
28	Emily Nichols	FR	Paso Robles HS	17'04.50"
29	Jessica Bautista 2	10	Pioneer Vallev HS	17'01.25"

Event # 62 BOYS Frosh-Soph Shot Put

MEET RECORD:Kyle Pollock AG 51'10.00" 2003

1	Gunnar Griffin	SO	Paso Robles HS	44'02.75"
2	Michael Horne	SO	Paso Robles HS	43'00.00"
3	Tvler West	SO	Atascadero High	40'07.00"
4	Xavier Perrv	FR	Atascadero High	40'00.00"
5	Shawn Barca	SO	St. Joseph HS SM	39'01.00"
6	Jacob Yoder	SO	San Luis Obispo High	38'09.00"
7	Ivan Cobarrubias	SO	San Luis Obispo High	38'08.00"

2013 PAC 7 T&F CHAMPIONSHIPS**Host: AG , Venue: Atascadero HS**

4/26/13 - 5/2/13

2 alternate qualifiers will show

8	Riccardo Alonzo	FR	Pioneer Vallev HS	38'07.50"
9	Christian Avala	FR	Pioneer Vallev HS	38'06.75"
10	Joe Bravo	SO	San Luis Obispo High	38'02.75"
11	Conner Allen	FR	San Luis Obispo High	38'01.00"
11	Daniel Shiraiishi	FR	Arrovo Grande HS	38'01.00"
13	Slade Hooper	SO	St. Joseph HS SM	37'02.00"
14	Eduardo Hernandez	SO	San Luis Obispo High	36'11.50"
15	Daniel Perez	FR	Pioneer Vallev HS	36'10.75"
16	Brandon Delong	FR	Arrovo Grande HS	36'08.00"
17	David Chellsen	SO	San Luis Obispo High	36'07.50"
18	Jake Kersev	SO	St. Joseph HS SM	36'06.00"
19	Blake Irvsh	FR	Paso Robles HS	36'05.00"
20	Sam Hatchard	SO	San Luis Obispo High	36'04.00"
21	Jake Miller	SO	Arrovo Grande HS	35'06.50"
22	Manuel Mendez	SO	Paso Robles HS	34'04.25"
23	Jack Kellerman	SO	Atascadero High	34'03.50"
24	Taylor Rudd	FR	Righetti High School	34'03.00"
25	Brett Park	SO	San Luis Obispo High	34'01.75"
26	Dvriece Tell	SO	Pioneer Vallev HS	34'00.00"
27	Peter Ybarra	FR	Pioneer Vallev HS	33'11.00"
28	Vincent McGranahan	FR	Paso Robles HS	33'09.25"
29	Sam Christ	FR	Paso Robles HS	33'08.50"
30	Evan Stork	FR	San Luis Obispo High	33'07.25"
31	Issac Rodriguez	FR	Pioneer Vallev HS	32'07.00"
32	Teddy Rose	FR	Atascadero High	32'03.75"
33	Miguel Iniguez	FR	Pioneer Vallev HS	32'02.50"
34	Vincent Reves	FR	Pioneer Vallev HS	32'02.00"
35	Daniel Nava	SO	Pioneer Vallev HS	31'07.75"
36	Anthony Romero	FR	Paso Robles HS	31'02.00"
37	Jarod Vasquez	FR	Arrovo Grande HS	31'00.00"
37	Ryan Brown	FR	Arrovo Grande HS	31'00.00"
39	Dakota Rvan	FR	Paso Robles HS	30'06.00"
40	Averv Ferguson	SO	San Luis Obispo High	30'02.00"
41	Nathan Hall	FR	Arrovo Grande HS	29'08.75"
42	Creston Cooper	FR	Atascadero High	29'06.25"
43	Daniel Taborski	SO	Paso Robles HS	28'05.50"
44	Tonv Jimenez	FR	Paso Robles HS	24'04.00"
45	John O Roberts	SO	San Luis Obispo High	23'08.50"

Event # 63 GIRLS Varsity Shot Put

MEET RECORD:Megan Howard AG 50'02.00" 2004

1	Madison Jacobs	SR	Arrovo Grande HS	45'08.00"
2	Angelica Gagliano	SO	Arrovo Grande HS	35'06.25"
3	Sarah Freeman	SR	Arrovo Grande HS	35'05.75"
4	Devon Beebe	JR	St. Joseph HS SM	35'01.50"
5	Jennifer Yuro	SR	Paso Robles HS	33'07.50"
6	Sabrina Deenan	SO	Atascadero High	33'06.24"
7	Hannah Cobeland	JR	St. Joseph HS SM	33'04.25"
8	Tori Veelia	JR	St. Joseph HS SM	33'00.50"
9	Marv Andino	SR	San Luis Obispo High	32'11.25"
10	Samantha Henkel	FR	Arrovo Grande HS	32'10.25"
11	Kaitlvn Jarrett	FR	St. Joseph HS SM	32'08.25"
12	Shvnia Tell	JR	Pioneer Vallev HS	32'07.25"
13	Alana Benson	JR	Arrovo Grande HS	32'04.50"
14	Brooke Dubowskv	JR	St. Joseph HS SM	32'01.00"
15	Cassidy Baldwin	JR	St. Joseph HS SM	31'04.25"
16	Katie Rvan	SR	Paso Robles HS	31'03.00"

2013 PAC 7 T&F CHAMPIONSHIPS**Host: AG , Venue: Atascadero HS**

4/26/13 - 5/2/13

2 alternate qualifiers will show

17	Brittany Yuro	SR	Paso Robles HS	30'09.75"
18	Cece Devanev	FR	San Luis Obispo High	30'06.50"
19	Rachel Ionata	JR	Pioneer Vallev HS	29'06.50"
20	Christine Flores	SR	Pioneer Vallev HS	28'11.25"
21	Andrea Garcia	SR	Righetti High School	28'07.00"
22	Allison Thatcher	JR	Paso Robles HS	28'00.50"
23	Olivia Musial	SR	Paso Robles HS	27'02.75"
24	Emilv Knupper	JR	Paso Robles HS	26'11.50"
25	Brandi Shepard	FR	Arrovo Grande HS	26'06.00"
26	Kelesv Vaughn	JR	Paso Robles HS	26'05.50"
27	Julianna Hutchinson	JR	San Luis Obispo High	25'10.25"
28	Britney Blackwood	SR	Atascadero High	25'05.00"
29	Rachel Holrovd	SR	Atascadero High	25'04.25"
30	Mariyah Peinado	SR	Pioneer Vallev HS	25'03.75"
31	Julia Hilgenfeld	SR	Pioneer Vallev HS	25'02.00"
32	Violet Lopez	JR	Paso Robles HS	24'09.50"
33	Yuri Pineda	JR	Paso Robles HS	23'11.00"
34	Lizbeth Pinon	JR	Pioneer Vallev HS	21'04.75"
35	Lauretta Closser	JR	Paso Robles HS	19'05.75"

Event # 64 BOYS Varsity Shot Put

MEET RECORD:Mark Lewis AG 65'11.00" 2004

1	Jack Ferguson	SR	San Luis Obispo High	50'04.75"
2	Hunter Groeneveld	SR	St. Joseph HS SM	50'01.50"
3	Colbv Kerns	SR	Paso Robles HS	48'09.75"
4	Ben Nagengast	SR	Paso Robles HS	46'01.75"
5	Adam Schwarm	SR	Atascadero High	43'06.25"
6	Emmanuel Jaimes	SR	Paso Robles HS	43'02.00"
7	Jack McGee	JR	Atascadero High	43'01.00"
8	Diego Millan	SR	Pioneer Vallev HS	42'06.00"
9	Christian Carter	JR	Pioneer Vallev HS	40'10.50"
10	Warren Ruth	SR	Paso Robles HS	40'09.75"
11	Tonv Toribio	JR	Atascadero High	40'06.25"
12	Nathan Pino	SO	Arrovo Grande HS	40'02.00"
13	Jon Blount	JR	Righetti High School	39'04.50"
14	Thomas Fuentes	SO	Arrovo Grande HS	39'02.00"
15	Joel Jandle	JR	Atascadero High	39'01.75"
16	Johan Cole	JR	Paso Robles HS	39'00.25"
17	Christian Cockrell	JR	Arrovo Grande HS	39'00.00"
18	Brandon Cutler	JR	San Luis Obispo High	38'09.50"
19	Dorien Banks	JR	Paso Robles HS	38'09.25"
20	David Hernandez	JR	Atascadero High	38'08.75"
21	Griffin Langiano	JR	Arrovo Grande HS	38'05.50"
22	Micah Hirsch	SR	Atascadero High	38'02.50"
23	Andrew Madrigal	JR	Pioneer Vallev HS	38'00.00"
24	Nvle Diaz	FR	Arrovo Grande HS	37'04.50"
25	Jake Smith	JR	Atascadero High	36'11.75"
26	Austen Ratliff	SR	Atascadero High	36'06.75"
27	Codv Holloway	SR	Paso Robles HS	36'03.75"
28	Josh McClenathan	SR	Paso Robles HS	36'02.25"
29	Doug Williams	SR	San Luis Obispo High	35'00.00"
30	Thomas Gutierrez	JR	San Luis Obispo High	33'09.75"
31	Christian Cooper	JR	Atascadero High	33'04.50"
32	Diego Peinado	SR	Pioneer Vallev HS	32'07.50"
33	Andrew Medrano	JR	Pioneer Vallev HS	32'04.75"
34	Graham Yoshida	JR	Paso Robles HS	29'01.50"
35	Steve Howard	JR	San Luis Obispo High	27'01.00"